



St Louis
Aged Care

St Louis Newsletter

April/May 2020

A note from Sue Toner our Director

The world is full of Covid-19 news now. It is such an uncertain time for us all and the isolation away from family and friends is very hard to deal with. Not knowing how long this is going to go on for is also worrying. I am not going to dwell on this anymore.

Visiting has again been stopped at the nursing home as we must limit the number of people coming into the home, as hard as that is for you. I thank you all for your understanding about this.

The residents are enjoying the royal experience waving to their loved ones from the balcony. Mary said she left Phillip home because she didn't trust him with the staff. This comment was repeated at the dining table and caused great laughter. If you are interested in arranging this for your family member, please contact Anne Wicks to book in a time.

If there is one thing to take from all this is that these people just get on with life. They have already been through and seen so much adversity and survived. They are resilient, positive and a joy to be around. I love coming to work every day! Hopefully this won't go on for too long and we can celebrate with open doors and arms.

Life inside continues. We are laughing, joking and having lots of conversations with each other. The staff are spending time individually with residents in their rooms or out in the courtyard.

Unfortunately, the hairdresser and beauty therapist are unable to attend the home. As soon as we can get this happening again, we will. I know Sara and Deb are missing their clients. Hairdresser Anne is trying her hardest with the rollers, and a little teasing, but I am definitely not letting her loose with the colouring!

I am missing the footy as well. We can't have a winter with no football surely! I just must remind everyone that Port are top of the ladder currently, at least I have that to smile about.

The new wing is progressing rapidly, with foundations about to be poured as we go to print. It is going to be a lovely area

with 4 large single rooms with ensuite bathrooms, a lounge area and a nice patio garden area. More about this as we get closer to finishing, which Maris assures us will be well before the end of the year.

Please stay safe everyone. Remember also that everyone MUST have had a flu vaccination to enter a nursing home after the 1st May. We must check that you have a certificate to prove this before allowing you to enter. This is a Government requirement to meet Standards of Care.

Nursing Home Call Bells and Waiting Times

Call Bells:

February 2020

13 681 calls with average wait time of 3 minutes

March 2020

14323 calls with average wait time of 3 minutes

Training:

On-Line MedeHealth Modules completed by all staff:

February 2020

- Chemical Safety and Handling
- Preventing Falls
- Person Centred Care

March 2020

- Workplace Bullying
- WHS
- Workplace Diversity

Dementia Australia conducted session for Carers in March– A Visual Experience (a consumer's experience)

Comments and complaints Feedback: If you have any feedback positive or negative, please don't hesitate to let us know. St Louis Aged Care, 21 Foster Street, Parkside SA 5063. *Thank you*



Celebrating diversity



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Nursing Home Social Program News

I think we have been flooded by the COVID19 talk so all I will say is keep safe and well and like everyone else I look forward to seeing life returning to normal and your happy faces back at St Louis.

We are trying to keep the lifestyle program as close to normal and we continue to have lots of laughs! "Props and Play" was an afternoon of dress ups, ad lib and role play. One scenario was a disgruntled customer ringing the hairdresser to complain – which went very well.

Amber did a great job making crowns to wear during the visits with family out the front and of course Mel had to get in on the act as the St Louis Jester!!

Care app has been great to keep in touch, if you don't already have it, send me an email and I will organise the set up for you.

Take care everyone!

Anne Wicks

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Poppy and Percy are always available for cuddles and provide much comfort to our cat lovers here. Hard to believe only a year ago they were tiny kittens!



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