



St Louis
Aged Care

St Louis Newsletter

April / May 2019

Nursing Home Social Program

I'm thrilled to announce we made our first \$100 donation to the Hutt Street Centre. I was given a tour of their facility, which was an eye opener and met some lovely volunteers and staff who work very hard behind the scenes. Thankyou so very much to Barb and Peter A, who kindly donated \$50.

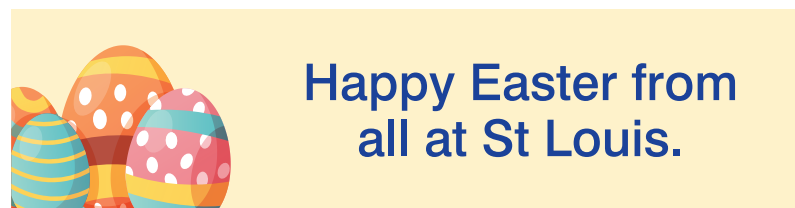
Art therapy with Alan continues to be popular with residents. A recent beach themed session evoked many memories from the past.

A highlight for March was a visit by Irish dancers in honour of St Pat's Day, when we were entertained by some very talented young children.

St Louis regularly welcomes local schools to visit and facilitate activities with our residents and will be organising events again this year with Saint Spyridons Primary and Scotch College. In March we enjoyed a great afternoon facilitated by senior students from Scotch College who gave us the opportunity to try traditional Indigenous weaving. We also support students from Scotch, St Marys, Seymour and Pembroke with their work experience and Community Service / Learning placements.

Sadly we recently had to farewell Lulu our much loved 19 year old pet cat / feline therapist. Lulu came to us as an abandoned kitten and stayed to provide many years of service - so in that tradition we have welcomed Poppy and Percy – orphaned kittens. They are already providing much pleasure and entertainment for resident's and staff alike. Come in and say hello when you are next visiting.

Anne Wicks, Nursing Home Social Programs



Dementia Care Conference

Last week I was fortunate enough to spend three days in beautiful Port Macquarie at a conference. The focus of the conference was "Montessori Dementia Care".

The guest speaker was Dr Cameron Camp from the USA. I have never heard such an inspirational, captivating speaker. He was brilliant.

His catch phrase being, "Everything you do for me, you take away from me".

You are probably thinking isn't Montessori a child care provider? - well you are right. These same teaching principles are now being used for people living with Dementia.

Dr Camp's philosophy is "what the brain forgets, the hands remember". So it is very important to keep people living with dementia 'doing', 'taking risks' and continuing to be useful members of society.

I will keep you updated as we implement some changes and activities at St Louis over the coming weeks and months. If you want to discuss more, please feel free to pop in and speak to me.

Laundry

We have had several issues relating to the laundry service. After a meeting with the laundry personal and some brain storming, we have devised a new system in the laundry which seems to be working well. The concerns about laundry turn around are no longer being raised. Could you all be reminded that all new clothing must be left in a clearly labelled bag with the RN's so that June can put the labels on.

Sue Toner, Director of Care

St Louis Nursing Home

21 Foster Street, Parkside SA 5063 (08) 8272 3344

St Louis On Blyth - Retirement Units Parkside

34-36 Blyth Street, Parkside SA 5063 (08) 8272 3344

Comments and complaints Feedback: If you have any feedback positive or negative, please don't hesitate to let us know.
St Louis Aged Care, 21 Foster Street, Parkside SA 5063. Thank you



St Louis
Home Care

Home Care News

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Victor Harbor Home Care Social Programs

It's been a busy few months at the Victor Office and on our trips. We've enjoyed a variety of outings around the Fleurieu, including Normanville, Mount Compass, Goolwa and Sellicks Hill. With the cooler weather on the way, we're excited to begin the longer trips to Adelaide and the Adelaide Hills. Our lovely Kathy is off on a holiday to China and Japan on a cruise and will be back in the office towards the end of April.

As mentioned, please let us know if there is some place special you would love to visit! We can cater for smaller outing groups if your funding permits.

We hope to see you at our St. Louis Easter celebration.

Thank you to all our wonderful clients and carers, and for your feedback. See you soon!

The team at St Louis Home Care, Victor Harbor



Available now **Independent Living Unit**

34B Blyth Street, Parkside

- Large single bedroom unit
- Built in robes
- Reverse cycle air conditioning
- Maintained gardens
- Private off-street parking

For an inspection
call 8332 0950



Adelaide Home Care Social Programs

Recent months have seen us out and about enjoying a drive through the hills and seeing the beginning of the gorgeous Easter Lillie's in bloom, through to picturesque drives along Adelaide's coastline. We have filled our bellies with scrumptious food whilst enjoying each other's company, caught up on purchasing home supplies at Kmart, and last but not least, had a fabulous day spotting dolphins frolicking in the Port River.

Our regulars really look forward to the outings and the best thing is, the whole day's expenses are usually taken care of using your government package. See, the government realise how important it is to be social so don't lose any more time – come and join us! There are some trips which definitely fill up very quickly and its always nice to see familiar faces, but we also love to meet new people and give others the opportunity to come out with us too.

You will see we are offering art therapy at our Marryatville office. Everyone is welcome to come along and experience this. Please call to book your spot!

Have a wonderful Easter everyone. It's the one time of year that chocolate has no calories!

Sarah Rankin, St Louis Adelaide

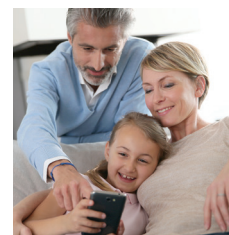


Photo left: Colin, Jean and Bob enjoying showing us their artwork from art therapy.

St Louis - powered by Care App

If you are a family member or would like some updates on your loved one, we can help you. Ring your co-ordinator to find out about how Care App can keep your family connected.

St Louis families receive instant alerts with photos of their loved ones, important updates on their care and observations on their condition.



St Louis Home Care Metro and Hills

11 Dudley Road, Marryatville SA 5068 (08) 8332 0950

St Louis Home Care Victor Harbor and Fleurieu

31 Victoria Street, Victor Harbor SA 5211 (08) 8552 1481

St Louis Private Home Care - no waiting list

Adelaide (08) 8332 0950 Victor Harbor (08) 8552 1481

www.stlouisagedcare.com.au

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