



St Louis
Aged Care

St Louis Newsletter

July / August 2018

Nursing Home Social Program

Hope you are all keeping warm and cosy during these freezing winter days and nights. Please drive safely especially if you use the Southern Expressway.

A reminder to make sure your relative has a warm coat to wear on the outings.

Our Biggest Afternoon Tea for the Cancer Council went well with \$180 raised on the day. Thank you to everyone who supported the cause.



Our lifestyle program has been very busy. Our resident Audrey was invited to 'Audrey the Alpaca's Birthday Party' at Semaphore and ended up on the front page of the Port Adelaide Messenger paper!

A group decision decided that 10 pin bowling could be a good outing. Well it would have been but we chose the wrong venue – it was dark and had techno music blaring. We stayed for a short time until a unanimous decision was made to head off to the Earl of Leicester instead.

The coffee room is open so you can catch up with family and friends in there for a cuppa and chat. Cakes and biscuits are also available. Now we need a name for it!

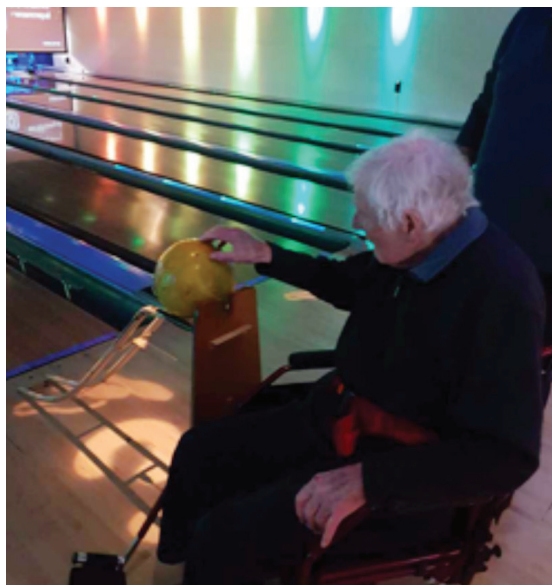
I would like to welcome our newest members to the St Louis family, Archie, Rosie and Irene. Archie and Rosie are local children who decided they would like to help at a nursing home. Irene is a friend of our ladies here.

I am always welcoming volunteers to join the activities programs so if you are looking to fill in some spare time please let me know.

Anne Wicks, Nursing Home Social Programs



The Biggest Morning Tea



David at Norwood Bowl



The coffee room



Rosie and Peter



Archie and Mary

Comments and complaints Feedback: If you have any feedback positive or negative, please don't hesitate to let us know.
St Louis Aged Care, 21 Foster Street, Parkside SA 5063. *Thank you*

St Louis Nursing Home
21 Foster Street, Parkside SA 5063 (08) 8272 3344

St Louis On Blyth - Retirement Units Parkside
34-36 Blyth Street, Parkside SA 5063 (08) 8272 3344



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Adelaide Home Care Social Programs

These winter months are always challenging when preparing places to go to escape the cold winter weather.

In May, we travelled to Murray Bridge where we thoroughly enjoyed a lovely meal on Captain Proud whilst meandering up and down the picturesque River Murray. The following week we were close to different waters – lunch at the Birkenhead Hotel, on the banks of the Port River. Next was the Big Rocking Horse which brought out the big kid in us all! Some of our clients could recall playing with similar toys when they were little. The weather wasn't on our side this day so unfortunately, we didn't get a chance to see the Fauna Park - maybe next time.

Last but not least was our biggest morning tea which was held at the nursing home with food galore. We raised \$180 and Management kindly matched the amount so a total \$360 was donated to the Cancer Council.

June was filled with very elegant events. High tea at Waterfall Gully, strolling through Virginia Nursery, soaking up history at the Age of Elegance Exhibition and living it up on board the West Lakes Princess Boat Cruise.

Strength for Life Classes
 Held at our Marryatville office on Tuesday and Thursday mornings.
 Phone 8332 0950
 All welcome!

As always, we welcome newcomers and suggestions. Some trips book up quite fast so please book in for your favourite trips early.

Sarah Rankin, Home Care Social Programs Adelaide



Enjoying a coffee at Virginia Nursery



Doug at Mt Lofty Botanic Gardens

Victor Home Care Social Programs

Well winter has really set in now! After such a mild Autumn I think we were all taken by surprise at the sudden cold snap! I do hope you are keeping warm and have those heaters in full swing!

May and June have been busy months for our social calendar. We have shared yummy treats at some of our favourite local venues. Mothers Day morning tea was at the Anchorage (*Happy Mothers Day to all wonderful mums!*), coffee & cake at the Boulevard, lunch at the Hotel Victor, Crafty Ladies, lunch at the Victor Harbor Golf Club, Afternoon Tea at the Anchorage . . .haven't we been busy!

There have been a few changes and some new faces and I thank you all for welcoming me. It's been lovely getting to know you all.

The July and August social calendars are shaping up to provide some new experiences and some old favourites. We can't wait to share the fun with you!

If you have any suggestions or ideas you would like to be incorporated in the calendar don't hesitate to give us a call at the Victor Harbor office. We will do our best to incorporate them into our calendar.

As always, get in quick to avoid disappointment and reserve your spots at all events.

Mel & the Team at St Louis Victor Harbor Home Care Social Programs Victor



Group enjoying lunch at the Victor Harbor Golf Club



St Louis Home Care Adelaide
11 Dudley Road, Marryatville SA 5068 (08) 8332 0950

St Louis Home Care Victor Harbor
31 Victoria Street, Victor Harbor SA 5211 (08) 8552 1481

St Louis Private Home Care - no waiting list
Adelaide (08) 8332 0950 Victor Harbor (08) 8552 1481

www.stlouisedcare.com.au

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