



St Louis Newsletter

November / December 2018

Nursing Home Social Program

Spring is here and even though a little unpredictable we've had some lovely weather. I love this time of year with the flowers blooming, the sound of mowers and smell of freshly cut lawn. Our roses out the front have come to life and look and smell amazing.

Our bus driver Mick has returned from the US with plenty of stories to share with the residents.

We have reviewed our weather policies for the outings – over 35°C we stay, rain/storms we stay.

Once a month the residents play "pay it forward" bingo. The residents still win prizes but the social fund puts \$5.00 into a kitty. When we reach \$100 it will be donated to the Hutt Street Men's Shelter.

On the 26th we had our first Intergenerational visit from primary school children from Saint Spyridon College. They came for a meet and greet and they each brought something from home to show the residents.

I am always welcoming volunteers to join the activities programs so if you are looking to fill in some spare time please let me know.

Christmas is fast approaching so I will take this opportunity to inform you of some dates.

4th of December is Carols night

21st of December is the Residents Christmas Lunch

Could you please let me know whether your relative will be staying in or going out for Christmas lunch and what time they need to be ready. If you need an access cab you should be booking now as they book out very quickly.

Anne Wicks, Nursing Home Social Programs



Saint Spyridon College children with the residents

St Louis Nursing Home Accreditation

We have commenced the process for re-accreditation at St Louis Nursing Home and this will take place some time in the next 6 months. We welcome contributions from residents and families, so if you are interested in providing feedback as part of this process, please contact Melissa or Sue on 8272 3344.

Lost Property

There are a few items of clothing on a rack in the atrium that have either not been labelled or have lost their labels. Next time you're visiting, could you please check this rack and inform staff if you find something belonging to your family member / friend - that way we can get the item labelled and returned.

AVAILABLE NOW



Boutique Retirement Unit

Located within a small group

34B Blyth Street, Parkside

1 Bedroom unit from \$265,000

- Private with street frontage, garden
- Off-street parking
- Elegantly refurbished
- Small pets welcome
- Additional home care services available

Call Dani on 0477 856 847

Comments and complaints Feedback: If you have any feedback positive or negative, please don't hesitate to let us know. St Louis Aged Care, 21 Foster Street, Parkside SA 5063. *Thank you*

St Louis Nursing Home
21 Foster Street, Parkside SA 5063 (08) 8272 3344
St Louis On Blyth - Retirement Units Parkside
34-36 Blyth Street, Parkside SA 5063 (08) 8272 3344



St Louis
Home Care

Home Care News

November / December 2018

Are you getting the most from your home care package budget?

Our focus is on you, your care needs and helping you to reach your home care goals.

Each year, a review is held with your coordinator or a Registered Nurse. This is the time to discuss how to best use your home care budget to reach your goals. **Please consider the following:**

- Is your home care budget funding meeting your needs?
- Do you need any specific equipment or services? Do you know your options?
- Do you have any questions? Ask as many questions as possible about what services might help you in your particular situation.
- Have there been changes in your personal circumstances? This can effect the services that suit you the best.
- Are you getting everything you need?
- Have you discussed your home care budget with your coordinator lately? You may have funding you can use to get more of the care you want.

Please call your coordinator and discuss how St Louis can best meet your needs and goals so you can live more of the life you want at home. Our focus is on you and your care.

Confused about home care options?

Free Community Information Session- 9th November

St Louis Home Care runs free information sessions to anyone who would like to know more about their home care options. Our next information session is at: Fullarton Park Community Centre, 411 Fullarton Rd, Fullarton. 10.00am -11.30am or 6.00pm - 7.30pm.

Please call 8332 0950 to reserve your spot.

Christmas

Christmas is fast approaching. Would you like some additional services coming up to Christmas like, help with shopping? A spring clean? Out to enjoy the pageant? See the Christmas lights? Help with making traditional dishes? Catching up with family and friends? **Talk to your coordinator about how St Louis can help you to enjoy the Christmas season.**

Victor Harbor Home Care Social Programs

We had lots of fun at our 'Flourish, St Louis and Friendship' event which was at the Grosvenor Hotel. We enjoyed weaving with Karen from the South Coast Weavers guild, painting from Sue Wiese and amazing floral arrangements by Chenee from the St Louis Adelaide office. We were lucky to have over 40 people attend both days and we especially loved the final product of the painting. Thank you to everyone who participated.

St Louis will be participating in the Victor Harbor Christmas Pageant - Saturday 8th of December.

Please call us 8552 1481 if you'd like to be part. It will be a late afternoon start and will continue for about four hours. Lots of Christmas cheer!

If you'd like to arrange a 'one to one' social outing (yourself with a carer), please contact your coordinator. Also, please let us know if you would like some support or transport for Christmas shopping. *Wishing everyone a wonderful festive season.*

Lisa and the team at St Louis Home Care, Victor Harbor

Adelaide Home Care Social Programs

I love this time of year where I don't have to be too concerned about keeping a close eye on the weather. We have been out for lunches, been on tours, coffee mornings and music concerts just to name a few. I'm looking forward to refreshing my batteries over the Christmas break and hopefully creating some new and exciting adventures for 2019. I'd like to take this opportunity to wish everyone a safe and happy Christmas and a happy new year. See you all next year!

Sarah Rankin, St Louis Adelaide, Home Care Social Programs



ABC tour

St Louis Home Care Adelaide

11 Dudley Road, Marryatville SA 5068 (08) 8332 0950

St Louis Home Care Victor Harbor

31 Victoria Street, Victor Harbor SA 5211 (08) 8552 1481

St Louis Private Home Care - no waiting list

Adelaide (08) 8332 0950 Victor Harbor (08) 8552 1481

www.stlouisagedcare.com.au

AGED RIGHTS ADVOCACY SERVICE (Inc)

(08) 8232 5377 email: aras@agedrights.asn.au

DEPARTMENT OF HEALTH

Aged Care Complaints Commissioner.
Telephone (free call) 1800 550 552



Commonwealth Department of Health
approved Aged Care Provider since 1946