

# St Louis Nursing Home Social Program July 2023

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>31</b> 10.00am-11.30am <b>Montessori Activities &amp; Garden</b> 2.30pm <b>Wood Models</b> 					<b>1</b> AM <b>Free Time</b> 2.30pm <b>Seated Line Dance</b> 	<b>2</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Movie 'Poms'</b> 
<b>3</b> 10.00am-11.30am <b>Montessori Activities &amp; Garden</b> 2.30pm <b>Church Service</b> 	<b>4</b> 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b> 	<b>5</b> AM <b>Teamific Quiz</b>  2.30pm <b>Nonna's Kitchen</b> 	<b>6</b> 10.30am <b>Montessori Activities and Bus Trip</b>  2.30pm <b>Mosaic Bench</b> 	<b>7</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b> 	<b>8</b> AM <b>Free Time</b> 2.30pm <b>Bowling</b> 	<b>9</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Movie 'Toscana'</b> 
<b>10</b> 10.00am-11.30am <b>Montessori Activities &amp; Garden</b> 2.30pm <b>Canvas Painting</b> 	<b>11</b> 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b> 	<b>12</b> 10.00am-11.30am <b>Montessori &amp; Garden</b> 2.30pm <b>Fun with Food</b> 	<b>13</b> 10.30am <b>Montessori Activities and Bus Trip</b>  2.30pm <b>Art &amp; Craft</b> 	<b>14</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b> 	<b>15</b> AM <b>Free Time</b> 2.30pm <b>White Board Games</b> 	<b>16</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Movie 'Fantastic Mr Fox'</b> 
<b>17</b> 10.00am-11.30am <b>Montessori Activities &amp; Garden</b> 2.30pm <b>'A swag full of Instruments' Performance</b> 	<b>18</b> 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b> 	<b>19</b> AM <b>Teamific Quiz</b>  PM <b>Resident's Meeting</b> 	<b>20</b> 10.30am <b>Montessori Activities and Bus Trip</b>  2.30pm <b>Mosaic Bench</b> 	<b>21</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b> 	<b>22</b> AM <b>Free Time</b> 2.30pm <b>Balloon &amp; Noodle Games</b> 	<b>23</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Movie 'Where the Tracks End'</b> 
<b>24</b> 10.00am-11.30am <b>Montessori Activities &amp; Garden</b> 2.30pm <b>Art &amp; Craft</b> 	<b>25</b> AM Unley Library 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b> 	<b>26</b> 10.00am-11.30am <b>Montessori Activities &amp; Garden</b> 2.30pm <b>Church Service</b> 	<b>27</b> 10.30am <b>Montessori Activities and Bus Trip</b>  2.30pm <b>Happy Hour Games</b> 	<b>28</b> 10.00am-11.30am <b>Montessori Activities &amp; Garden</b> 2.30pm <b>Exercise Class</b> 	<b>29</b> AM <b>Free Time</b> 2.30pm <b>Board Games</b> 	<b>30</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Movie 'Eat, Pray, Love'</b> 



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

