St Louis Nursing Home Social Program

January 2017



This program is flexible and may change.

Note: Outings may be cancelled due to inclement weather

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 PUBLIC HOLIDAY New Years Day NO EXERCISE	AM TV in the Link 2.30pm Quiz: Name the flowers & flowers quiz	3 10.00am Bustrip 2.00pm Craft with Susanna	11.30am Bustrip 2.30pm Take down Christmas decorations	5 11.00am Exercise 2.30pm Cards	6 AM - ABC TV 2.30pm High Tea OR Fox Sports	AM Songs of Praise 2.30pm Sunday Movie - East Lounge
8 11.00am Exercise 2.30pm You Tube clips - Funny Animals	9 AM Music in the Link 2.30pm Reading Group	10 10.00am Bustrip 2.00pm Art Therapy	11.30am Bustrip 2.30pm Movie in East Lounge	12 11.00am Exercise 2.30pm Happy Hour	13 AM - ABC TV 2.30pm Quotes OR Fox Sports	AM Songs of Praise 2.30pm Sunday Movie - East Lounge
11.00am Exercise 2.30pm Clay Modelling	16 AM Music in the Link 2.30pm Jigsaw Puzzles	17 10.00am Bustrip 2.00pm Craft with Susanna	18 11.30am Bustrip 2.30pm Pick up Sticks	19 11.00am Exercise 2.30pm Happy Hour	20 AM - ABC TV 2.30pm Stack 'em Up OR Fox Sports	21 AM Songs of Praise 2.30pm Sunday Movie - East Lounge
22 11.00am Exercise 2.30pm Ball Games	AM Music in the Link 2.30pm Knitting	24 10.00am Bustrip 2.00pm Art Therapy	25 11.30am Bustrip BBQ LUNCH Thong Toss Competition 2.30pm Concert TBA	26 PUBLIC HOLIDAY Australia Day AM Leyland Brothers DVD 2.30pm Australian Quiz and Indigenous Dot Painting	AM - ABC TV 2.30pm Cards	AM Songs of Praise 2.30pm Sunday Movie - East Lounge
29 11.00am Exercise 2.30pm Reminiscence Magic Memories	AM Music in the Link 2.30pm ARAS and Residents meeting	31 10.30am Bustrip 2,30pm Residents Birthday Party				

Public Holidays 2018 1 January 2018 Monday New Year's Day 26 January 2018 Friday Australia Day 12 March 2018 Monday 30 March 2018 Good Friday 31 March 2018 Saturday Monday 2 April 2018 Easter Monday Wednesday 25 April 2018 Anzac Day Monday 11 June 2018 Queen's Birthday and Volunteer's Day Monday 1 October 2018 Labour Day Monday 24 December 2018 Christmas Eve Tuesday 25 December 2018 Christmas Day Wednesday 26 December 2018 Proclamation Day Monday 31 December 2018 New Year's Eve

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