

























# St Louis Nursing Home Social Program October 2019



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>1</b> 10.00am <b>Fruit Platter Group</b> 2.30pm 'Mad Science' projects	<b>2</b>  9.30am <b>Fruit Platter Group</b> 9.45am <b>Forget me not Scenic Tour</b> 2.30pm <b>Newspaper discussion group</b>	<b>3</b>   <b>All day hairdresser by appointment</b> 2.30pm <b>Art Therapy with Alan</b>	<b>4</b>  10.00am <b>Fruit Platter Group</b> 11.00am <b>Exercise Class</b> 2.30pm 'Match ups' <b>Visual game</b>	<b>5</b> AM <b>Relaxation</b> 2.30pm <b>Bingo</b>	<b>6</b> AM <b>Relaxation</b> 2.30pm <b>Foxtel Documentary or Ball Games</b>
<b>7</b>  <b>PUBLIC HOLIDAY LABOUR DAY</b> 11.00 <b>Exercise Class</b> 2.30pm <b>Montessori Activites</b>	<b>8</b> 10.00am <b>Fruit Platter Group</b> 11.00am <b>Swimming</b> 2.30pm <b>Making newspaper items &amp; reading</b>	<b>9</b>  9.45am <b>Morning Melodies Bus Trip</b> 10.00am <b>Fruit Platter</b> 2.30pm <b>Squiggle drawings</b>	<b>10</b>   <b>All day hairdresser by appointment</b> 2.30pm <b>Sunflower Posters</b>	<b>11</b>  10.00am <b>Fruit Platter Group</b> 11.00am <b>Exercise Class</b> 2.30pm <b>Happy Hour</b>	<b>12</b> AM <b>Relaxation</b> 2.30pm <b>Piano Students Concert</b>	<b>13</b> AM <b>Relaxation</b> 2.30pm <b>Movie in the East Lounge or Colouring</b>
<b>14</b>  10.00am <b>Fruit Platter Group</b> 11.00 <b>Exercise Class</b> 2.30pm <b>Montessori Activites</b>	<b>15</b> 10.00am <b>Fruit Platter Group</b> 2.30pm <b>Colour by dice game</b>	<b>16</b>  9.45am <b>Morning Tea Bus Trip</b> 2.30pm <b>Action Card Game</b>	<b>17</b>   <b>All day hairdresser by appointment</b> 2.30pm <b>Art Therapy with Alan</b>	<b>18</b>  10.00am <b>Fruit Platter Group</b> 11.00am <b>Exercise Class</b> 2.30pm <b>Magic Memories</b>	<b>19</b> AM <b>Relaxation</b> 2.30pm <b>Numbers &amp; Dice Game</b>	<b>20</b> AM <b>Relaxation</b> 2.30pm <b>Bingo</b>
<b>21</b>  10.00am <b>Fruit Platter Group</b> 11.00 <b>Exercise Class</b> 2.30pm <b>Montessori Activites</b>	<b>22</b> <b>NATIONAL NUT DAY</b> 10.00am <b>Fruit Platter Group</b> 11.00am <b>Swimming</b> 2.30pm 'Nutty' <b>Activities</b>	<b>23</b>  9.45am <b>Morning Melodies Bus Trip</b> 2.00pm <b>Cooking</b>	<b>24</b>   <b>All day hairdresser by appointment</b> 2.30pm <b>Beading jewelry</b>	<b>25</b>  10.00am <b>Fruit Platter Group</b> 11.00am <b>Exercise Class</b> 2.30pm <b>Concert - Mel Laraway</b>	<b>26</b> AM <b>Relaxation</b> 2.30pm <b>Pay it Forward Bingo</b>	<b>27</b> AM <b>Relaxation</b> 2.30pm <b>Outdoor Games - Golf, quoits, basketball and more</b>
<b>28</b>  10.00am <b>Fruit Platter Group</b> 11.00 <b>Exercise Class</b> 2.30pm <b>Craft - Melbourne Cup Hats</b>	<b>29</b>  10.00am <b>Fruit Platter Group</b> 2.30pm <b>Resident's Meeting</b>	<b>30</b>   9.45am <b>Forget me not Scenic Tour</b> 2.30pm <b>Church Service</b> 3.30pm <b>Resident's Birthday</b>	<b>31</b>  <b>All day hairdresser by appointment</b> 2.30pm <b>Art Therapy with Alan</b>			