



St Louis Newsletter

October/November 2019

St Louis On Sea

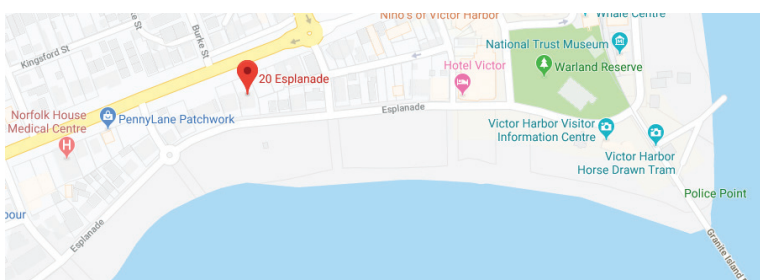
St Louis On Sea, our exciting new development situated on The Esplanade at Victor Harbor, will be opening in February 2020.

St Louis On Sea offers all the comforts of home in absolute beachfront luxury and is situated across from a beachside park and playground, encouraging purposeful involvement in the local community and day-to-day life.

Adopting the world-renowned Montessori approach, St Louis On Sea provides its residents with access to 24-hour personalised care while promoting independence and participation. St Louis provides a supportive, empowering and flexible environment for people requiring aged care, as well as people living with dementia or other health challenges.

St Louis On Sea offers eight luxuriously appointed spacious single rooms, all with en-suite. Residents will enjoy sweeping sea views, access to 3 living areas, a large open kitchen, and a generous outdoor space from which to enjoy the sea air and the pleasures of gardening.

St Louis on Sea is the latest in the families' suit of facilities – adding to the long established Parkside Nursing Home, St Louis on Blyth retirement units and St Louis Home Care Services, all sharing a commitment to providing warmth, care and a trusted partnership.



St Louis Parkside

Our aged care facility at Parkside is also looking forward to some new exciting developments. We are currently at council approval stage for a new wing of large single rooms, each with en-suites; we hope to hear from the council soon.

Introducing the St Louis Board

St Louis' Board consists of:

Director and Administrator Paul Maris Naish, with 25 years aged care management experience, a tertiary Degree in Commerce and Diploma in Applied Science - oversees the day-to-day operations Maris has been in this role since 1997.

Tony Naish has over 35 years' experience in Aged Care and tertiary qualifications in management from the now University of SA. Tony served as Administrator of St Louis from 1968 -1997 and has been a Director of St Louis since 1968.

Dr. Rane Naish, MBBS MD has 30 years' experience as Senior Medical Practitioner specialising in Geriatric Medicine with Mental Health Services for Older People. Dr Naish has been a Director of St Louis since 1968.

Summer Fruit Group

With the change of weather, we will be preparing fruit platters and fruit salad instead of soup. Please help yourself from the coffee lounge fridge when you are in the home.



Comments and complaints Feedback: If you have any feedback positive or negative, please don't hesitate to let us know. St Louis Aged Care, 21 Foster Street, Parkside SA 5063. Thank you

St Louis Nursing Home
21 Foster Street, Parkside SA 5063 (08) 8272 3344

St Louis On Blyth - Retirement Units Parkside
34-36 Blyth Street, Parkside SA 5063 (08) 8272 3344



**St Louis
Aged Care**

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Staff Education

St Louis is very pro-active with staff education and ensuring all staff are up to date with best practice protocols covering all aspects of care. All staff are provided with on-line training modules that they attend monthly.

In addition, we run many training sessions where external educators are engaged. **During Aug/Sept all staff have received training from Dementia Australia as follows:**

- Achieving Purposeful Engagement
- Montessori for Dementia

The staff thoroughly enjoyed these sessions and have added some great suggestions; the soup group has been a great success with hot soup made by the group enjoyed in the café.

All staff also attended Manual Handling updates and Emergency Procedure updates during September.

Dementia Australia will be delivering “**A Day In The Life – The Mealtime Experience**” to all staff in November. This is a 3D experience around assisting residents with meals.

The Australian Migrant Resource Centre will be presenting sessions on **Cultural Awareness** in October.

Call Bell Times – Nursing Home

St Louis has a call bell system that rings directly to the carers’ dect phones – hence you never hear a bell ringing, but the staff do. We monitor the call bell response times at our Accreditation Meetings. All information is recorded electronically.

Below is our recent data:

11,117 calls from residents in June, with an average wait time of 4.5 minutes.

This equates to 370 calls per day or 15.5 calls per hour.

12,173 calls from residents in July, with an average wait time of 4.5 minutes.

This equates to 392 calls per day or 16.4 calls per hour.

What an amazing effort by the staff to keep these response times so low. Well done to all. If you have any issues with call bell responses, please do not hesitate to speak with us.

Charter of Aged Care Rights

The new Charter of Aged Care Rights is required to be signed for each Resident – thank you to all those who have completed and returned these. If you have not done so, please return the signed document as soon as possible, or contact Melissa or Sue on to discuss if you wish to do so.

Comments and complaints Feedback: If you have any feedback positive or negative, please don’t hesitate to let us know. St Louis Aged Care, 21 Foster Street, Parkside SA 5063. *Thank you*

Swimming Program

A big congratulations to Anne for nominating the St Louis Swimming Program at the Diversional and Recreational Therapy Association Conference.

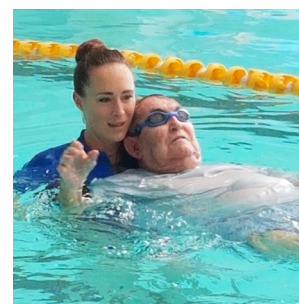
Anne actually won the award. Well done Anne!

I would also like to acknowledge the workers who assisted with this program. Melissa (Care Manager) and Jen (physio) initially jumped in the pool with our synchronized swimmer who had voiced her desire to get back in the pool.

From this initial event, the swimming program was developed and has given great satisfaction to several residents.

Wendy, our qualified swimming instructor is now in the water with the residents instilling confidence and empowering them like they never dreamt was possible.

The St Louis team is continually striving to enrich our residents’ lives. If you as a family member have any suggestions, big or small, a goal that maybe your relative / friend has mentioned at some stage, please let us know. Nothing is impossible and just maybe we could make a dream or wish come true.



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St Louis
Home Care

Home Care News

October/November 2019

Victor Harbor Home Care Social Programs

We've a wonderful few weeks at St Louis, Victor Harbor. We would like to say a big thank you to Max Vincent for his amazing piano playing and stories for our morning tea at Carrickalinga House. A big thank you to Margie Vincent also. We had over 30 people attend, it was such a nice way to get out and about during the cold winter months. Music brings such a sense of belonging!

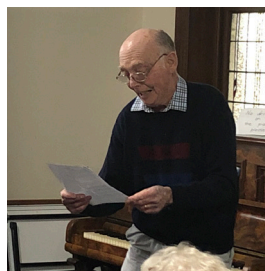
We have also enjoyed our trips to Strathalbyn, Willunga, Monarto Zoo, as well as many visits and drives around our beautiful scenic Fleurieu. We were lucky to spot some whales on our coastal drives. Plus we were lucky to see the new baby giraffe on the Monarto Zoo trip.

As we have mentioned previously, please give us a call and pop in for a cuppa and a chat at any time.

Christmas is on its way, so let us know if you would like to be part of the St Louis Christmas pageant float.

Enjoy the warmer weather and feel free to call Lisa if you have any suggestions for the social calendars. We have two wonderful Mystery trips coming up.

The team at Victor Harbor, Sue, Nyree, Kathy & Lisa



Max Vincent,
Piano Morning Tea



Phyllis, Rita and Doreen out and about
on the Fleurieu

Adelaide Home Care Social Programs

Firstly, I'd like to take this opportunity to congratulate Anne Wicks (lifestyle coordinator at the St Louis Nursing Home) on her recent win at the Diversional and Recreational Therapy Awards held at the Gold Coast, for the inspirational swimming program she has created for residents at the nursing home. She always has her residents interests at heart and is determined for them to get the greatest possible enjoyment out of life. Congratulations also to Wendy for helping facilitate this wonderful program, keep up the great work!

If there are any clients in the community that would like to get their bathers on and jump in the deep end, please contact me and we can arrange some pool time. The benefits of swimming, walking, even floating through the water are advantageous.

Two things I'd like to raise: I know we have some artists out in the community who may be out of touch, but would like to get back into the swing of having paint brushes and a canvas into their lives again. We have an awesome lady who is very interested in doing home visits to get the artistic juices flowing once again. If you're interested, please contact me for further information. Also, if this newsletter and calendar is sent to the family and not the client, please consider if your loved one may enjoy the occasional outing. We usually have a full bus for most trips, but I'd hate to find out that some clients may be missing out on



German cake shop for morning tea

something they would enjoy. I love meeting new people and integrating them into our social outings. Life truly can be fulfilling if given the opportunity. Our bus is accessible to all abilities.

Sarah Rankin,
St Louis Adelaide

Staff Training

In October all St Louis Home Care staff will be attending training focused on caring for people with Dementia, facilitated by Dementia Australia.

New Coordinator Commencing

Anne-Marie will be commencing work at St Louis Home Care in the next week. Anne-Marie brings considerable experience and will be a very welcome addition to the team.

St Louis Home Care Adelaide Metro and Hills
11 Dudley Road, Marryatville SA 5068 (08) 8332 0950

St Louis Home Care Victor Harbor and Fleurieu
31 Victoria Street, Victor Harbor SA 5211 (08) 8552 1481

St Louis Private Home Care - no waiting list
Adelaide (08) 8332 0950 Victor Harbor (08) 8552 1481

www.stlouisagedcare.com.au

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