

St Louis Nursing Home Social Program November 2019



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 11.00am Exercise Class 2.30pm Succulent Jars & making Horse Race Game items	2 AM Relaxation 2.30pm Dice Games	3 AM Relaxation 2.30pm Bingo
4 11.00 Exercise Class 2.00pm Finish Melbourne Cup Hats	5 Melbourne Cup Unley Library Visit AM Melbourne Cup sweeps, table games 2.30pm Cup race, bubbles and nibbles	6 9.30am Morning Tea Bus Trip 2.00pm Story Telling Session	7 All day hairdresser by appointment 2.00pm Making Jigsaw puzzles	8 11.00am Exercise Class 2.00pm St Spyridon College outdoor games	9 AM Relaxation 2.30pm Old wives tales	10 AM Relaxation 2.30pm No bake cooking or Documentary
11 Remembrance Day 10.00 Service and Morning Tea 2.15pm You Tube Clips	12 AM Preparing Vegetables & Homelike activities 2.00pm Anne's Antique Roadshow	13 9.30am Morning Melodies Bus Trip 2.00pm An alphabet of words	14 All day hairdresser by appointment 2.30pm Art Therapy with Alan	15 11.00am Exercise Class 2.00pm Putting up the Xmas decorations	16 AM Relaxation 2.30pm Bingo	17 AM Relaxation 2.30pm Ball Games or TV in the East Lounge
18 11.00 Exercise Class 2.15pm Clay Modelling	19 AM Preparing Vegetables & Homelike activities 2.00pm Whiteboard Games 6.00pm Relative Network Group	20 9.30am Forget me not Scenic Tour 2.00pm Poetry -Cinquain Haiku poems and Structured	21 All day hairdresser by appointment 2.00pm Balloon and Ball Games	22 11.00am Exercise Class 1.30pm St Spyridon College 'Show & Tell' 2.30pm Lady Melody	23 AM Relaxation 2.30pm Polishing Shoes	24 AM Relaxation 2.30pm Bingo or TV in the East Lounge
25 11.00 Exercise Class 2.15pm Art with Amber	26 AM Preparing Vegetables & Homelike activities 2.00pm Milk Bottle faces	27 10.00am Morning Melodies Bus Trip 2.30pm Church Service 3.30pm Resident's Birthday	28 All day hairdresser by appointment 2.30pm Art Therapy with Alan	29 11.00am Exercise Class 2.15pm Residents Meeting	30 AM Relaxation 2.30pm Pay it forward Bingo	