



# St Louis Nursing Home Social Program October 2018



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> International Coffee Day Labour Day Public Holiday  2.00pm Coffee & Conversation	<b>2</b>  AM Hairdresser by appointment 2.00pm Whiteboard games	<b>3</b>  10.30am Bus Trip 2.30pm Art Therapy	<b>4</b> Unstructured activities 2.00pm Cards	<b>5</b>  11.00am Exercise 2.00pm Happy Hour	<b>6</b> AM ABC TV in the Link 2.30pm Games afternoon	<b>7</b> 11.00 Songs of Praise 2.30pm Sunday Movie
<b>8</b>  11.00am Exercise 2.00pm Colouring	<b>9</b>  AM Hairdresser by appointment 2.00pm Afternoon walks Weather pending	<b>10</b> 10.00am Games in the Lik 1.30pm Dream catchers	<b>11</b>  11.00am Lunch Bus Trip 2.00pm Clay Modelling	<b>12</b>  11.00am Exercise 2.00pm Coffee Club & Board Games 	<b>13</b> AM ABC TV in the Link 2.30pm Bingo	<b>14</b> 11.00 Songs of Praise 2.30pm Sunday Movie
<b>15</b>  11.00am Exercise 2.00pm Funny You Tube Videos	<b>16</b>  AM Hairdresser by appointment 2.00pm Cut and paste activity	<b>17</b>  10.30am Bus trip – forget me not scenic drive 2.30pm Art Therapy	<b>18</b>  11.00am Lunch Bus Trip 2.30pm Afternoon Walk	<b>19</b>  11.00am Exercise 11.00am Mens Club outing 2.30pm Concert Old Gold Duo	<b>20</b> AM ABC TV in the Link 2.30pm Oragami	<b>21</b> 11.00 Songs of Praise 2.30pm Sunday Movie
<b>22</b>  11.00am Exercise 2.00pm Whiteboard games	<b>23</b>  AM Hairdresser by appointment 2.00pm Find the objects in the rice	<b>24</b>  9.30am Morning Melodies bustrip 2.30pm Church Service	<b>25</b>  11.00am Lunch Bus Trip 2.30pm The Price is right	<b>26</b>  11.00am Exercise 2.30pm “Forget me Not” - School Program	<b>27</b> AM ABC TV in the Link 2.30pm “Pay it forward Bingo”	<b>28</b> 11.00 Songs of Praise 2.30pm Making Melbourne Cup Fascinators or Sunday Movie
<b>29</b>  11.00am Exercise 2.00pm Puzzles	<b>30</b>  AM Hairdresser by appointment 2.00pm Residents Meeting	<b>31</b>  10.00am Morning Melodies bustrip 2.30pm Art Therapy 3.30pm Residents Birthday Party 				