



Nursing Home news

Work has been completed on renovating rooms and enclosing the southern nurse base to create an office for nursing staff. In March, St Louis Nursing Home passed the fire safety inspection from the Unley Council Building Committee. Due to the high number of false alarms recently, Safe Fire Electrical have been contracted to install a new 'state of the art' panel. This will maximise protection and safety of residents while minimising false alarms and will be undertaken in April.

A new small (22kg!) washing machine and new large dryer has been installed to complete a laundry upgrade. This has increased the capacity and quality

of the laundry service due to increased infection control capabilities and computer monitored water temperature controls to ensure thermal disinfection of laundry.

St Louis has been advised by the Australian Aged Care Quality Agency (AACQA) that our three yearly accreditation will be undertaken in March 2018. We encourage all residents and families to be involved and provide feedback to St Louis Management or directly to the AACQA team with a view to an ongoing improvement of our service.

Maris Naish, Administrator

Nursing Home Social Program



We have certainly kept busy in the Nursing Home with the daily activities and special events such as St Patricks Day. The Adelaide School of Dance sent four dancers this year ranging from age 5 to 12. They stayed after the performance to chat with the residents.

I can't believe the football has started already, where is the year going! The footy tipping competition is on again with 19 participants this year. Good luck to all and "Go the Crows".

The weather has been on our side for the outings and I had very happy residents who came to the beach at Seacliff for fish and chips. The wind was up but that didn't stop us getting out and braving the elements. One of the ladies commented that the wind blowing through her hair and watching the ocean up close was exhilarating and made her feel alive.

Anne Wicks

Social Programs Coordinator, St Louis Nursing Home

Home Care Strength for Life Program

In conjunction with the Council on the Ageing (COTA SA), St Louis Home Care is holding a 'Strength for Life' program which are affordable and supervised strength training sessions for over 50's.

Moving your body has been shown to improve muscular strength, mobility and balance in people of all ages. These sessions will be run by Briony Greenwood, a qualified personal trainer and will be held on Tuesday and Thursdays at 10.15 am.

Please contact Anna Naish for more information on 8332 0950.

Date & Time First Class - Thursday May 4, 10.15am

Location: St Louis Home Care, 11 Dudley Rd, Marryatville



With Easter and Anzac day public holidays rapidly approaching we request families advise St Louis as soon as possible about their care needs and arrangements over this time so we are able to ensure sufficient staff are available - thank you.

Home Care News Victor Harbor

St Louis Victor Harbor program has been very busy with a hectic social programs calendar. For the month of March we had lunch at the Grosvenor Hotel, Bingo at the office, Crafty Ladies meet & share and afternoon tea at the Boulevard.

On Friday 17th March we were at the Goolwa Mall handing out brochures and meeting and greeting the public to answer questions and promote our service. This Friday 31st March we will again be at the Goolwa Mall and on Saturday 1st April we will be at the Victor Harbor Mall talking to the community. At these community engagement sessions we explain what services St Louis offers, provide general information about Home Care Packages and answer questions about home care. We are also able to assist with queries on My Aged Care and can do My Aged Care referrals.

We also did promotions at the Victor Harbor Bowling Club when they had a tournament for two days and promoted St Louis and Home Care Packages at the Yankalilla Seniors where they had a Symposium with local people in the area.

Please don't hesitate to drop into our office at: 31 Victoria St, Victor Harbor for a cuppa and chat. Our mandarin tree is in full fruit which is an added bonus!

Sue Wiese, Victor Harbor and Southern Adelaide Service Coordinator

Home Care News Adelaide

The Dudley Office has been a hive of activity with art classes and evening yoga classes. In response to client feedback, we have purchased padded covers for all seatbelts in the St Louis Bus and a step to assist access.

During March, a small group attended Hudsons Café on Fisher Street in Fullarton for a friendly morning tea. The morning sun shining through the large, picturesque windows was divine. We travelled to Belair Hotel for lunch where we had large numbers and I can definitely see this group requesting for another get-together!

Mid month, we visited Mitcham Shopping Centre for morning tea and a sticky beak around the shops. One of our guests thoroughly enjoyed a hot dog with her coffee and said that we shouldn't judge it 'til we've tried it!

The highlight was a trip to Henley Beach. The water was blue and the seagulls were hungry. We filled our bellies with a scrumptious lunch and enjoyed a chit chat before climbing back into the bus. Lastly, Frank drove us into the scenic hills, meandering our way through Stirling, Aldgate, Mylor, Echunga and then stopping in Hahndorf to devour the tasty treats at Ottos bakery.

Please don't hesitate to contact me on 8332 0950 if there is somewhere you would like to go, craft or activity you'd like to be involved in. Our April Social Calendar is going to be really enjoyable. See you on the bus!

Sarah Rankine, Adelaide Home Care Lifestyles Social Program Coordinator

St Louis On Blyth, Parkside

John McCrostie has been undertaking open inspections of the St Louis on Blyth Units from 1 to 2 pm on Wednesdays and Thursdays. There has been very strong interest at the reduced asking price of \$275,000 for one bedroom independent living unit and \$435,000 for the three bedroom independent living unit. I would strongly encourage anyone with interest to book an inspection with **John on 0411 221 893 or Sue Toner**.

Account Payments

For both Home Care and Nursing Home clients, if you pay an account by Direct Credit, please ensure the client's **FAMILY NAME** is used as the payment reference. Without this information we don't know who the payment is from and the payment may not be recorded. If you have made a payment by Direct Credit that has **NOT** been recorded on your account, please contact **Heather on 8272 3344** so that we can verify payment details. St Louis encourages all clients to consider setting up Direct Debit payments as the most reliable payment method. If you are interested in setting up a Direct Debit, please contact **Heather or Tracy on 8272 3344** and we will send you out the necessary form. Alternatively, you can speak with your service coordinator.

Provider of Quality Aged Care since 1946

St Louis Nursing Home

21 Foster Street, Parkside SA 5063
Phone (08) 8272 3344

St Louis On Blyth - Retirement Units Parkside

34-36 Blyth Street, Parkside SA 5063
Phone (08) 8272 3344

St Louis Home Care

Home Care Package Level 1-4 provider
Metropolitan Adelaide - Phone (08) 8332 0950
Victor Harbor - Phone (08) 8552 1481

St Louis Private Home Care (no waiting list)

In home support & services
Metropolitan Adelaide - Phone (08) 8332 0950
Victor Harbor - Phone (08) 8552 1481

AGED RIGHTS ADVOCACY SERVICE (Inc)

Telephone 8232 5377 -
email: aras@agedrights.asn.au

DEPARTMENT OF HEALTH

Aged Care Complaints Scheme
Telephone (free call) 1800 550 552



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