



St Louis
Aged Care

St Louis Newsletter

August/September 2019

Nursing Home News

Relative Network Group - We have decided to hold a Relative Network Group at the nursing home on the 19th of November at 6.00pm. The first session will be a meet and greet and we will discuss what you would like to happen at these groups, how often and any other matters that arise. The community clients will also be included. I will send flyers out closer to the date. Please contact Anne if you are interested or have any queries: anne@stlouisagedcare.com.au

Swimming Program - The swimming program is going really well. We have three regular participants and two more starting next week.

Soup Group - Each morning during the week, some of our ladies get together and chop vegetables for soup which is then put in a soup kettle in the coffee room. Please help yourself when you are visiting.

Father's Day Tickets - Tickets will be available at the nurses' station as of next week for \$2.00 each or 3 for \$5.00.

Anne Wicks, Nursing Home Social Programs



St Louis On Sea

St Louis On Sea, is our exciting new development situated on The Esplanade at Victor Harbor. It offers all the comforts of home in absolute beachfront luxury and encourages purposeful involvement in the local community and day-to-day life.

Adopting the world-renowned Montessori approach, St Louis On Sea provides its residents with access to 24-hour personalised care while promoting independence and participation. St Louis provides a supportive, empowering and flexible environment for people requiring aged care, as well as people living with dementia or other health challenges.

St Louis On Sea offers eight luxuriously appointed spacious single rooms, all with en-suite. Sweeping sea views, access to 3 living areas, a large open kitchen, and a generous outdoor space from which to enjoy the sea air and the pleasures of gardening.

Due for completion November 2019

St Louis On Sea
20 Esplanade
Victor Harbor SA 5211



St Louis
On Sea
New Aged Care

Register your interest today
by calling Sue 8272 3344

Providing comfort, community and dignity

Charter of Aged Care Rights

The Charter of Aged Care Rights is now available for signing.

Please contact Melissa at the nursing home on 8272 3344 before the end of August to discuss and sign the new charter.

Wednesday August 7th – Aged Care Employee Day

This was established in 2018 as an official day to recognise the 350,000 individuals who work in Aged Care in Australia - nurses, care workers, cooks & hospitality staff, cleaners and laundry employees, leisure and lifestyle officer, volunteers and administration workers, drivers and maintenance workers - we thank you for the incredible work you do and the positive difference you make to the lives of older people and to our communities.

Comments and complaints Feedback: If you have any feedback positive or negative, please don't hesitate to let us know. St Louis Aged Care, 21 Foster Street, Parkside SA 5063. *Thank you*

St Louis Nursing Home
21 Foster Street, Parkside SA 5063 (08) 8272 3344

St Louis On Blyth - Retirement Units Parkside
34-36 Blyth Street, Parkside SA 5063 (08) 8272 3344



St Louis
Home Care

Home Care News

August/September 2019

Victor Harbor Home Care Social Programs

It's been a busy time and we have enjoyed our time out and about. Even on the cold wintery days, the hills and the country side have been so beautiful and green. Our trips have included the Fleurieu Function Centre, the Aldinga Bi-Planes, a day trip to Glenelg and some lovely trips around Goolwa.

We're off to Monarto Zoo in September! Please call us ASAP to reserve a place.

We have three Christmas Samaritan Purse boxes for children in poverty in the Victor Harbor office. If you are interested in donating a gift, we will be filling the boxes for two boys and a girl aged between 10-14 years. If you have any questions or would like to find out more, please call us in the office.

We've had many clients pop in for a chat and a cuppa and we have loved seeing you all! Feel free to come by for a chat at any time.

The team at St Louis Home Care, Victor Harbor



Jim and Max at Aldinga Bi-planes

Dementia friendly movie screenings at Capri Cinema, Goodwood Rd, Goodwood

Capri Cinema are offering dementia friendly screening, designed to be inclusive to all needs, providing a relaxed atmosphere for families and carers to enjoy the movies with their loved ones. Scheduled screenings:

"Yesterday" at 10.30am-12.30pm on 27/8/19

"Downton Abbey" 10.30am-12.30pm 24/9/19

Adelaide Home Care Social Programs

Have you ever wondered why bus trips or socialising with others is so important? Connecting with others helps keep you in a positive mood, which in turn wards off depression and improves physical health. See, it's a full circle where everyone's a winner!

We have had a fantastic response to our social program which, considering how cold it's been, I couldn't be happier. Remember, these outings are for you, so should be tailor made for you too. I love any suggestions so keep them coming!

If bus trips aren't your thing but you feel a bit lonely and blue, please make contact with me and I'll do my best to find a solution. It may be as easy as setting up a regular social visit with one of our friendly carers, or connecting you with your local council. I love turning people's frowns upside down so let's make this journey together.

We've had lots of fun this month including a visit to Hahndorf, a concert at Elder Conservatorium, a day-trip to Victor Harbor and art therapy (I never knew art could be so relaxing!).

Sarah Rankin, St Louis Adelaide



Erna rugged up at Hahndorf



Adelaide Arcade day

New Aged Care Standards

The New Aged Care standards come into effect from 1/7/19. St Louis will continue to work collaboratively with our clients to ensure you have a Care Plan that focuses on achieving your individual goals and provides dignity and choice. Coordinators will be providing details of the new Charter of Aged Care Rights at the time of conducting your next review. If you have any queries, please don't hesitate to contact us on 8272 3344.

34B Blyth Street, Parkside - Independent living unit

\$198k as a special offer to St Louis Home Care clients

- Large single bedroom unit
- Off-Street parking
- Modern and spacious
- Built-in robes
- Private courtyard garden
- Small pets welcome

For an inspection call 8332 0950



St Louis Home Care Adelaide Metro and Hills
11 Dudley Road, Marryatville SA 5068 (08) 8332 0950

St Louis Home Care Victor Harbor and Fleurieu
31 Victoria Street, Victor Harbor SA 5211 (08) 8552 1481

St Louis Private Home Care - no waiting list
Adelaide (08) 8332 0950 Victor Harbor (08) 8552 1481

www.stlouisagedcare.com.au

AGED RIGHTS ADVOCACY SERVICE (Inc)
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Celebrating diversity