



**St Louis
Aged Care**

St Louis Newsletter

February / March 2019

St Louis Nursing Home Accreditation

I am very proud to inform you that we achieved a pass in all 44 standards in our recent Accreditation visit. This is a huge achievement in the current climate and my sincere thanks go to all staff who work tirelessly to deliver a high standard of care to our residents. My thanks also extend to you for your feedback, both positive and negative, as this is how we continue to improve our services.

St Louis is very much a family and together we can all be very proud of our achievements. Our next audit will be in 2021 but we will have support visits at least annually. So please keep the comments and suggestions coming.

I hope you all had a great Christmas and New Year. January is already over so the year will fly by again no doubt.

Sue Toner, Director of Care

Nursing Home Social Program

Happy New year! I hope you all had a wonderful Xmas break with family and friends - I looking forward to 2019!

As you would had read, we passed our Accreditation visit with some very positive feedback, especially regarding "Pay it forward bingo". This was introduced late last year and is played monthly. The difference to normal bingo is that our social fund puts \$5 into a collection. When we get to a total of \$100, I will contact the Hutt Street Mens Shelter and give them our donation. This will be ongoing and \$100 will supply a Home Starter Pack for a couple moving from the street to home. The reason we chose the shelter is because of St Louis' history as this started with a hot meal and bed for the homeless men in the Adelaide parklands. I will also happily accept donations to reach our target quicker.

Our residents have been getting very creative and recently made these beautiful greeting cards. Keep an eye on our facebook page to see regular photos of the residents and our activities.

Anne Wicks, Nursing Home Social Programs



Splitback Clothing

Does your loved one have trouble getting dressed / moving limbs? Have skin integrity issues? If you think split back clothing may be beneficial, then please speak to Sue or Mel at the Nursing Home. For more information, go to www.splitbacks.com.au

Lost Property

Please ensure all new clothing is given to the RN in a labelled bag, **before** it is worn. All residents need to have suitable clothing for at least 5 days as no laundry is done over the weekend. Please also be mindful that clothes are washed and dried in industrial machines so it is important to ensure suitable clothes are purchased. The lost property rack will be outside Mel's office 11/2/19 -18/2/19. All unclaimed clothing will be disposed of after this time.

Medicare / Ambulance Cards

If your family member received a new medicare card or any other card with a changed expiry date, please advise the nurses so we can update our records.

Footy Tipping is set to recommence in March. If you are interested in participating, please call Anne Wicks on 8272 3344.



Available now Independent Living Unit

34B Blyth Street, Parkside

- Large single bedroom unit
- Reverse cycle air conditioning
- Private off-street parking
- Built in robes
- Maintained gardens

**For an inspection
call 8332 0950**



Comments and complaints Feedback: If you have any feedback positive or negative, please don't hesitate to let us know.
St Louis Aged Care, 21 Foster Street, Parkside SA 5063. *Thank you*

St Louis Nursing Home
21 Foster Street, Parkside SA 5063 (08) 8272 3344

St Louis On Blyth - Retirement Units Parkside
34-36 Blyth Street, Parkside SA 5063 (08) 8272 3344



St Louis
Home Care

Home Care News

February / March 2019

Adelaide Home Care Social Programs

We've had some great bus trips in 2018, and have lots of plans to continue these in 2019 for those of you who would like to join us. However, if you're not into bus trips but feel you're missing out in the social aspect of life, please contact me and I will come out to you and we can work on a way to overcome any isolation you may be feeling.

Ask yourself how often you: laugh, talk to others, feel happy. If the answer is, not very often, please call me. We are here to help in more ways than you may realise. You may prefer one of our caring staff to pay a social visits where you go for a walk or a drive; a carer may be able to read your favourite book to you, or play cards, or do a puzzle and have a cup of tea and chat. You may've always loved to swim but no longer feel safe doing this alone. Maybe a carer could join you to assist. If you've always loved going to the footy/cricket/stage productions etc but seems more difficult now, we may be able to assist you with this also. Where there is a will, there's a way!

Hope to see/hear from you soon.

Sarah Rankin, St Louis Adelaide, Home Care Social Programs



Victor Harbor Home Care Social Programs

We hope everyone had a wonderful Christmas and New Year!

We've enjoyed some wonderful trips over the past few weeks. Most memorably, our day trip to the d'Arenberg Cube was "an absolute experience". We also had an entertaining day at the Nairne Hotel for the Melbourne Cup, a beautiful High Tea at the Railway Tce Café and an explore through the Nangawooka Flora reserve.

St Louis Home Care participated in the Victor Harbor Christmas pageant. Thank you to our wonderful clients, Regina, reindeers, driver and our happy little elves! You helped make the evening so much fun.

Please call me if you would like to go out somewhere special for a social outing. If your funding permits, we can organise a day for you.

Kathy is working in the office on Mondays and Wednesdays. Lisa is working in the office on Tuesdays, Thursdays and Fridays. Both Sue and Nyree are Monday to Friday.

Keep your ideas coming in and please call us at any time!

Lisa and the team at St Louis Home Care, Victor Harbor



Liz and Phyllis with the St Louis Elves!



Doreen and Rita at the Melbourne Cup Lunch, Nairne Hotel

St Louis - powered by Care App

If you are a family member or would like some updates on your loved one, we can help you. Ring your co-ordinator to find out about how Care App can keep your family connected.

St Louis families receive instant alerts with photos of their loved ones, important updates on their care and observations on their condition.



St Louis Home Care Adelaide

11 Dudley Road, Marryatville SA 5068 (08) 8332 0950

St Louis Home Care Victor Harbor

31 Victoria Street, Victor Harbor SA 5211 (08) 8552 1481

St Louis Private Home Care - no waiting list

Adelaide (08) 8332 0950 Victor Harbor (08) 8552 1481

www.stlouisagedcare.com.au

AGED RIGHTS ADVOCACY SERVICE (Inc)

(08) 8232 5377 email: aras@agedrights.asn.au

DEPARTMENT OF HEALTH

Aged Care Complaints Commissioner.
Telephone (free call) 1800 550 552