



St Louis Home Care

## Home Care News

December 2021/January 2022

### Adelaide Home Care Social Programs

Hello Everyone! Well October and November have been very busy months for our home care clients, we have done so many social outings averaging on or over 10 bus trips a month. Some of the places we have visited range from Devonshire tea aboard Popeye, Murray River Cruise, Terracotta planters for their homes, visiting beautiful garden nurseries, shopping, and High Teas. It is lovely to hear comments from our clients when they mention "there is too many social programs to choose from and they are out nearly every day having a great time & eating too much".

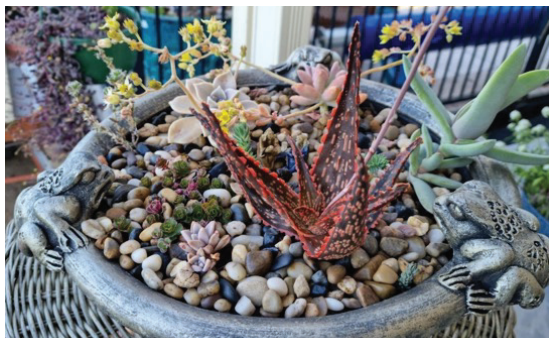
We always share a group social outing with our Victor Harbor clients once a month and the clients are now getting to know each other well, the Captain Proud Paddle steamer cruising along the River Murray was a great trip in October and although the weather was gloomy, we still had a wonderful experience. November, we spent in Hahndorf just in time to see the Remembrance Day service and having a huge lunch at the German Arms.

If you see a bus trip or social activity on the monthly calendar that you're interested in, but have services on that day, don't worry we can assist you in rescheduling that service.

If you feel a little nervous as you have not attended a social trip before, please call Jane or Deb on 8332 0950 for a chat and we will organise a home visit first, so we get to know each other and hopefully alleviate those feelings of uncertainty, as it so important for your wellbeing to spend a day out amongst friends and enjoying your quality of life.

We continue to welcome new faces to the social activities and its heart-warming to see new friendships develop and old connections restored.

**We wish you all a Safe and Merry Christmas with your families and look forward to continually catching up with all of you at out next social activity.**



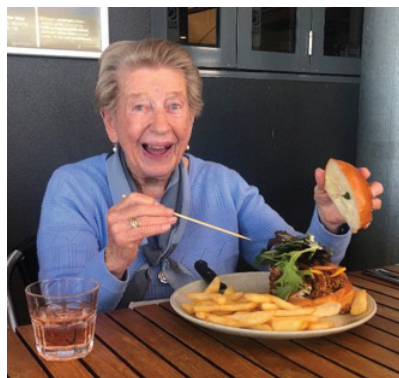
Terracotta planters the clients created to keep at home



Concert performed by Sweetbeat N Harmony



Doug enjoying the Strathalbyn Motor Museum



Ladies having lunch and couldn't believe the size of the meals.



Remembrance Day Service at Hahndorf

*Merry Christmas*  
and a safe and happy new year





**St Louis**  
Home Care

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### Victor Harbor Home Care Social Programs

Social lunches continue the most popular activity on our monthly calendar- I think we need a Nickname of "The Lunchalots". Clients tell me they enjoy these lunches as it means they only need to prepare a light supper in the evening, and also because they are generally no longer than 2 hours.

We shared a lovely day with Adelaide clients aboard the Captain Proud Paddle steamer cruising along the River Murray. Although the weather was dreary, we still had a fabulous experience.

Remembrance Day saw us travel to Hahndorf where we arrived in time to attend a Remembrance Day service. Clients appreciated the special touch of poppies on their name badges as well as Remembrance Day poems placed on the table at lunch.

Outdoor Live music came to St Louis on Sea on a warm and Sunny October morning, where the clients were treated to a trip down memory lane with songs from yesteryear. It was a lovely morning, and I am hoping to invite Sweetbeat n Harmony back next year.

We continue to welcome new faces to the social activities and its heart warming to see new friendships develop.

If you see an activity on the calendar that you are interested in attending but may feel a little nervous as you have not attended one before, please call Colette on 8552 1481 for a chat and Colette will organise a home visit first so you get to know each other and hopefully alleviate those feelings of uncertainty.

*I wish you all a Merry Christmas and very much look forward to seeing you at one our Social Activities soon. Colette*



Carol happily joined the stage performance



Umbrellas provided some valuable shade for Brian during the outdoor concert.

### About the Aged Care Quality Standards

#### **Standard 5: Organisation's service environment.**

This standard refers to the physical environment the organisation provides for residential care, respite care and day therapy centres. The standard requires that the environment – including the design, accessibility and layout of the building and the furniture and equipment - meet the consumer's needs, is clean, comfortable, safe and secure, welcoming and well maintained.

The Intent of this requirement: This standard is about creating a service environment that is well designed and welcoming for all consumers and encourages a sense of belonging and provides a safe space for consumers to be themselves.

### Summer is Here

As the hot days are approaching, now is the time to give some thought to your bushfire risk if you are in a bushfire zone and also snake risk in some areas. St Louis can arrange for yard and gutter cleaning to reduce these risks. Please don't hesitate to contact your coordinator to discuss your needs.

### Comments and Complaints:

If you have any concerns or requests in regards to how services have been/are being provided by St Louis, please contact:

Caitlin Watson (Community Client Service Manger) – or your Coordinator.

OR Complete the attached Feedback and Complaints Form and forward to:

St Louis Aged Care,  
21 Foster St, PARKSIDE 5063.

#### **St Louis Home Care Adelaide Metro and Hills**

11 Dudley Road, Marryatville  
SA 5068 (08) 8332 0950

#### **St Louis Home Care Victor Harbor and Fleurieu**

31 Victoria Street, Victor Harbor  
SA 5211 (08) 8552 1481

[www.stlouisagedcare.com.au](http://www.stlouisagedcare.com.au)

#### **AGED RIGHTS ADVOCACY SERVICE (Inc)**

(08) 8232 5377 email: [aras@agedrights.asn.au](mailto:aras@agedrights.asn.au)

#### **AGED CARE QUALITY AND SAFETY COMMISSION**

1800 951 822 [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)



Celebrating diversity