



St Louis
Home Care

Home Care News

February/March 2021

Adelaide Home Care Social Programs

Our social program has made a great comeback so far this year. Everyone is raring to go out and enjoy the fresh air! Whilst we are unable to access our St Louis bus due to social distancing regulations, we have engaged Kanga coachlines to assist. I have found them to be both reliable and professional. This has affected the cost of the trips but we are still able to safely be out and about having a great day which is more important.

January highlights included a lunch at the Seacliff Surf Club and a 'walk n talk' in the Botanic Gardens where we all enjoyed a lovely day in a beautiful place and finished with a well earned cuppa.

Please remember that our walk n talk group is absolutely accessible which means that if you would like to be included but worry that you may get tired too quickly, we can very easily bring along a wheelchair so you can take part.

Our chair exercises and art therapy groups are going strong but we always welcome new comers so please consider coming.

Expressions of interest: We are looking into a new project and I'm needing some cast members to play along. We would like to introduce a 12 month calendar with each month having a photo of our lovely clients. Our theme will be 'Age well with St Louis'. The aim is to have lots of fun while getting into 'character' while we take photos. If you love dressing up and having a bit of fun then please contact me for more information (Sarah 8332 0950). I look forward to hearing from many of you!

Sarah Rankin, St Louis Adelaide



Our first 'walk n talk' was a hot one so was a little bit more like 'sit and sip' as we strolled around the path at Bonython Park. We walked from shady spot to shady spot. Feedback from the day was that everyone really enjoyed the atmosphere and the friendship you form from being free to chat to someone new.

Changes to contracted services to improve Quality Services

In response to feedback from the Aged Care Quality and Safety Commission, St Louis has improved its contract management systems. We have strengthened contractual obligations of contracted services and enhanced monitoring, review and evaluation of these services to improve the quality and safety of the care you receive from St Louis.

St Louis has also recruited our own gardeners and are now offering excellent gardening services using our own fully trained and screened staff.

Should you have any feedback regarding your services, or indeed any aspect of St Louis' contracted services do not hesitate to contact me directly on 8272 3344.

Maris Naish, Administrator

Care Budgets

Your care budget is allocated to you to enhance your quality of life and social engagements, be it with your family and friends or other clients in our group activities.

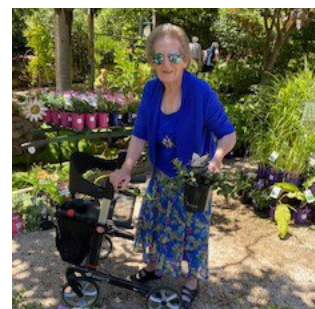
We often hear that clients are "saving" their funding against anticipated future needs. We have found that this strategy rarely turns out as hoped for clients and often the funding is never used. This means that the client goes without the full care and support available and does not achieve the best possible outcomes. We encourage you to make the most of the funding currently available to you. Please contact your coordinator to discuss how you can best utilise your budget now.



Art Therapy Group - Dotty Tree day



Lotus flower (walk n talk at the Botanic Gardens)



Pat enjoying Newman Nursery



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Enjoying our time at 'St Louis On Sea'



Men's Space at St Louis on Sea

Here at St Louis, we have the privilege using the amazing space at 'St Louis on Sea' for our Home Care Social Programs. Along the Esplanade at Victor Harbor we enjoy the views, the sound of the ocean and each other's company. Some of our social programs at 'St Louis on Sea' include the Men's space, Scone and Coffee Mornings, Art Therapy, BBQ Lunches and Pamper Days.

The perfect way to mingle and socialise! See the attached calendar for dates and times if you would like to join us next time or phone Dani McKenna for enquiries: 0477 856 847.

Dear Clients & Families

Last year proved to be challenging for everyone as we navigated our way through restrictive practices, lockdowns, social distancing, quarantines, and a myriad of other new terms that we have all grown accustomed to. Throughout the Pandemic of 2020, St Louis have continued to deliver essential services whilst adhering to Government recommendations. As we embark on 2021 there is an air of excitement as we approach our 75th year anniversary.

I'd like to say farewell to Bronwyn Howe our receptionist in Victor Harbor who many of you would know and thank her for the contributions she made to both Clients and the organisation. I would also like to welcome Lorraine our newest RN to the Victor Harbor team. Lorraine will be attending to Level 3 & 4 reviews as well as wound care and clinical services. Lorraine comes to us with a strong work, health & safety background and will be an asset to the Victor Harbor team. The beginning of the year has seen St Louis in partnership with Victor Harbor TAFE commence student placements. We would like to take the opportunity to thank Clients who have allowed our student Louise to attend your homes to gain experience in becoming a Personal Care Worker.

St Louis are pleased to announce our new gardening and home maintenance teams in both Adelaide and Victor Harbor. Our teams consist of males and females who can attend to your gardening and maintenance needs such as pruning, weeding, and odd jobs such as gutters and window cleaning. Please refer to your Coordinator if you would like to engage any of these services.

Wishing you all a healthy and active year ahead.

Caitlin Watson,
Community Client Services Manager/RN

Victor Harbor Home Care Social Programs

Here at Victor Harbor we have been enjoying the perfect weather and getting out and about. In particular we have loved being able to use the beautiful space downstairs at St Louis on Sea.

A reminder to please call us as soon as possible when receiving the calendar. We have had so many people interested, we don't want anyone to miss out!

If you are in need in respite please don't hesitate to call your coordinator to book your stay at our amazing facility at St Louis on Sea.

Just a reminder to send a photo you have taken from the Fleurieu area. This could include sunsets, landscapes, or any nature photo.

We look forward to seeing everyone at St Louis Home Care.

Lisa and the team at Victor Harbor



Marg at Penny Lane

St Louis Home Care Adelaide Metro and Hills

11 Dudley Road, Marryatville SA 5068 (08) 8332 0950

St Louis Home Care Victor Harbor and Fleurieu

31 Victoria Street, Victor Harbor SA 5211 (08) 8552 1481

www.stlouisagedcare.com.au



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(08) 8232 5377 email: aras@agedrights.asn.au

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1800 951 822 www.agedcarequality.gov.au

Comments and complaints Feedback: If you have any feedback positive or negative, please don't hesitate to let us know. St Louis Aged Care, 21 Foster Street, Parkside SA 5063. *Thank you*