



**St Louis**  
Home Care

## Home Care News

October/November 2021

### Welcome to Spring Everyone

I am looking forward to seeing all of you and all the lovely gardens busting with flowering bulbs as well as the warmer weather which has already started. We have enjoyed some great social trips over the last 2 months with our Home Care clients, which have included Monarto Zoo, Maggie Beer Farm (cooking classes), Cleland Wildlife Park and building our own glass garden terrariums.

### Adelaide Home Care

#### Social Programs

We have exciting visits coming up, such as the Jam Factory to see all the beautiful glass blown as well as our great Cockle Train Trip from Victor Harbour to Goolwa with lunch at Hectors on the Wharf, which I know everyone is really looking forward to.

We have great social programs coming, some of which include a Murray River cruise with lunch which departs from Murray Bridge, a concert with (Sweetbeat'n Harmony), we are also doing a Devonshire tea on Popeye, visiting Lyndoch Lavender Farm and another gardening day of potting up a terracotta pot to take home...just to name a few.

**For rescheduling or event assistance, please call Jane (Lifestyle Manager) or your Care Coordinator on 8332 0950.**



### Victor Harbor Home Care Social Programs

Our clients continue to enjoy our social planned bus trips, which of course includes lunch in various locations; Milang Railway Museum, Strathalbyn Commercial Hotel, Colonnade's Tavern, and The Victor Harbor Hotel to name a few.

**For rescheduling or event assistance, please call Colette (Lifestyle Coordinator) 8552 1481.**



### Join the Activities and Social Events

We welcome new faces to the social activities and it's great to see new friendships formed and old connections restored.

#### IDEAS AND SUGGESTIONS

Please call us for any social ideas you have. Someone suggested lawn bowls, which is a great idea.

#### RESCHEDULING

If you see a bus trip or social activity on the monthly calendar that you're interested in, but have services on that day, don't worry we can assist you in rescheduling that service.

It is important for your wellbeing to spend a day out amongst friends and enjoying your quality of life.

***We look forward to you joining us on our next trip.***





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### Master Plan 2024 – Nursing Home

**Maris Naish, CEO**

Dear St Louis residents, clients, family and friends. I am excited to announce that the Department of Health from 1/7/2024 has deregulated nursing home bed licenses.

This means that we will be able to substantially expand St Louis nursing home located at 21 Foster Street Parkside. St Louis owns 5000 square metres of land adjacent the nursing home, obtained over a number of years for precisely this purpose.

The heart of the expansion will be the large 26 square metre rooms based on the new east wing constructed last year which evaluations and feedback have shown to be extremely popular.

St Louis community engagement and input will be integral to the design and features of the expanded St Louis nursing home.

Continuity of care for our home care clients wishing to continue their journey with St Louis if residential care or respite is required will also be a key feature of future planning.

St Louis is also very conscious of not wanting to lose the warmth and homely feel for which we are known, however additional scale is necessary to maintain viability. Draft master plans will be forwarded to the St Louis community for comment.

St Louis on Sea is currently operating at near capacity and demand and resident feedback has been outstanding. In response to this demand St Louis also has future expansion plans for this model in Adelaide and regional SA.

**Feedback** Please forward your thoughts directly to me, preferably via email: [maris@stlouisagedcare.com.au](mailto:maris@stlouisagedcare.com.au) or via mail: 21 Foster Street Parkside SA 5063. I may also be contacted on 8272 3344 to discuss.

### Environmental Awareness

St Louis is working to reduce its carbon footprint. We have for some years had solar panels fitted at our Dudley Road Home Care Office, St Louis Nursing Home and St Louis on Blyth.

We have begun changing our vehicle fleet to electric and hybrid vehicles. Jane Lindsay, St Louis' Social Programs Manager is currently driving our first hybrid vehicle, a Toyota Corolla.



### Unit in Parkside – Now Available

**St Louis on Blyth – 34b Blyth Street, Parkside**  
**1 bedroom unit with private garden \$225,000**

Situated in a smaller community next door to St Louis' prestigious Nursing Home, you'll have access to prepared meals, specialised health and personal service. You are welcome to share St Louis' facilities, social programs, lounge, library, bus tours and more. Perfect for people looking for low-maintenance living. Our retirement village properties are modern and spacious with all the conveniences to meet your changing needs. **Contact John McRostie 0411 221 893**

### Digital Equity for All Ages

St Louis is offering the opportunity to discuss digital technology in the home care plan and offering social connection with the use of digital technology, so you can communicate with friends or loved ones living here or interstate during these times of interstate lockdowns. It is so beneficial for your wellbeing as it gives you a sense of social connection. One of our vision impaired clients has just received a smart television that is going to give her social enjoyment now. Even though she cannot see the program, she can now hear it them with the smart technology and she can turn it on and off with her voice. This has given her some much enjoyment.

### St Louis Home Care Adelaide Metro and Hills

11 Dudley Road, Marryatville SA 5068 (08) 8332 0950

### St Louis Home Care Victor Harbor and Fleurieu

31 Victoria Street, Victor Harbor SA 5211 (08) 8552 1481

[www.stlouisagedcare.com.au](http://www.stlouisagedcare.com.au)



Celebrating diversity

### AGED RIGHTS ADVOCACY SERVICE (Inc)

(08) 8232 5377 email: [aras@agedrights.asn.au](mailto:aras@agedrights.asn.au)

### AGED CARE QUALITY AND SAFETY COMMISSION

1800 951 822 [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)

**Comments and complaints Feedback:** If you have any feedback positive or negative, please don't hesitate to let us know. St Louis Aged Care, 21 Foster Street, Parkside SA 5063. *Thank you*