

# St Louis Community Social Program Victor Harbor

## January 2021



Book your social event today. Phone (08) 8552 1481 (*bookings essential*)

Note: Outings may be cancelled due to inclement weather. Payment for these outings can come from your Home Care Package or paid for privately.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1  New Year's Day Public Holiday	2	3
4	5 Hydrotherapy 	6	7	8	9	10
11	12 Hydrotherapy 	13	14  Victor Harbor Art Show	15	16	17
18  Pennylane Patchwork	19 Hydrotherapy 	20  Scones & coffee at St Louis on Sea	21	22  Art Therapy	23	24
25	26  Australia Day PUBLIC HOLIDAY	27  Men's Space!	28  Middleton Tavern	29	30	31

### Public Holidays 2021

**Friday 1 January 2021**  
New Year's Day

**Tuesday 26 January 2021**  
Australia Day

**Monday 8 March 2021**  
Adelaide Cup Day

**Friday 2 April 2021**  
Good Friday

**Saturday 3 April 2021**  
Easter Saturday

**Monday 5 April 2021**  
Easter Monday

**Monday 25 April 2021**  
Anzac Day

**Monday 14 June 2021**  
Queen's Birthday

Call Lisa at the  
Victor Harbor office  
on 8552 1481  
to reserve your  
spot today

31 Victoria Street  
Victor Harbor SA 5211

[www.stlouisagedcare.com.au](http://www.stlouisagedcare.com.au)

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### Hydrotherapy Classes – Every Tuesday

Muscles and joints feeling sore and tight? Maybe this might help relieve some pain. You will need to be assessed by Joe our physio before accessing the pool. We can help transport you to and from the Fleurieu Aquatic Centre.

**Time:** We have several time slots available on Tuesday's

**Cost:** Please direct all calls to Joe, Physiotherapist 8332 0950.

### Thursday 14th January – Victor Harbor Art Show

We'll visit the stunning 42nd award winning Victor Harbor Art Show held on Warland Reserve. We will take a stroll around the venue in small groups to view the beautiful art pieces. Morning tea at Victor Harbor will be included.

**Time:** Pickups will start at 9:30am. You should be home by 1:30pm.

We are starting early just in case the weather is warm.

**Cost:** \$87.70 will be deducted from your Home Care Package

### Monday 18th January – Pennylane Patchwork, 2021!

We will start a new sewing project for the year! Price includes all materials, a very experienced tutor and morning tea. If you have a little sewing kit, please bring it along, just in case we need extra scissors etc.

**Address:** 54 Victoria St, Victor Harbor (very close to the St Louis office, 3 hour parking out the front). Please let Lisa know if you would like transport.

**Time:** 9:30am –12:30pm

**Cost:** \$80.00 will be deducted from your Home Care Package

### Wednesday 20th January – Scones, coffee and chat

Come along for 'Scones, Coffee and a Chat' at St Louis on Sea! We would love you to join us for a relaxing get together. A lovely way to reconnect after the festive activities. A great way to meet other clients from St Louis, with some music treats! **Address:** 20 Esplanade, Victor Harbor

**Time:** 10:30am-12:30pm

**Cost:** \$67.00 will be deducted from your Home Care Package

### Friday 22nd January – Art Therapy

We are starting our Art Therapy classes for 2021! Overlooking the Victor Harbor Bay at St Louis on Sea, you will use all sorts of materials to explore. Anyone can participate... this is a wonderful and rewarding experience!

**Time:** The class will run from 10:00am-11:30noon. Please let Lisa know if you would like transport. We can arrange for someone to pick you up.

**Cost:** Depending on the numbers the cost will be around \$85.00-\$90.00, and this includes all materials and a cuppa, light snack and laughter. This will be deducted from your Home Care Package.

### Wednesday 27th January – Men's Space!

A place for chatting, sharing stories and a good laugh! We will also have a BBQ lunch! Please call Lisa if you have any questions.

**Time:** 11:30am -1:30pm

**Cost:** \$67.00 will be deducted from your Home Care Package.

### Thursday 28th January – Middleton Tavern

Third time lucky! We WILL (hopefully!) make it to the Tavern! Please come for lunch, such a lovely way to meet other clients from St Louis Home Care.

**Time:** Lunch starts at 12 noon. Please let us know if you require transport

**Cost:** \$92.20 will be deducted from your Home Care Package.

**Transport Note:** As we still need to adhere to social distancing regulations, we will only have 4 clients on the St Louis bus. In the meantime, if you can arrange your own transport that would be wonderful... that way we can have a few extra people join us.

**Call Lisa at the Victor Harbor office**  
on **8552 1481** to reserve your spot today  
Support that comes to you every day of the year