

St Louis Community Social Program Victor Harbor

June 2021



Book your social event today. Phone (08) 8552 1481 (bookings essential)

Note: Outings may be cancelled due to inclement weather. Payment for these outings can come from your Home Care Package or paid for privately.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Hydrotherapy 	2 Chair Exercise Class 	3	4	5	6
7 Men's Space 	8 Hydrotherapy 	9	10 Yankalilla Museum & Lunch 	11	12	13
14 QUEEN'S BIRTHDAY PUBLIC HOLIDAY	15 Hydrotherapy 	16	17 Autumn Scenic Drive & Lunch 	18	19	20
21 Pennylane Patchwork 	22 Hydrotherapy 	23 Chair Exercise Class 	24 Monarto Safari Park 	25	26	27
28	29 Hydrotherapy 	30 Happy Chatters at St Louis On Sea 				

Public Holidays 2021

Monday 14 June 2021
Queen's Birthday

Monday 4 October 2021
Labour Day

Saturday 25 December 2021
Christmas Day

Sunday 26 December 2021
Boxing Day

Note: Our hot weather policy states that if the forecast is over 35 degrees then unfortunately the trips will be postponed to a cooler day. You will be phoned the day before to confirm a pick up time.

Please turn over to see more details.

Support that comes to you every day of the year.

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Phone 8552 1481

31 Victoria Street
Victor Harbor SA 5211

www.stlouisagedcare.com.au

St Louis Community Social Program

Victor Harbor June 2021

Call 8552 1481 to reserve your spot today

Hydrotherapy Classes – Every Tuesday

Muscles and joints feeling sore and tight? Maybe this might help relieve some pain. You will need to be assessed by Joe our physio before accessing the pool. We can help transport you to and from the Fleurieu Aquatic Centre.

Time: We have several time slots available on Tuesday's

Cost: Please direct all calls to Joe, Physiotherapist 8332 0950.

Wednesday 2nd & 23rd June – Armchair Easy Moves

Do you feel the need to move and stretch your body? Join me in the comfort of a chair for some gentle easy movement. Morning Tea will be provided.

Address: 20 Esplanade, Victor Harbor. Please let your coordinator know if you would like transport. We can arrange for someone to pick you up.

Time: 10.30am -12.00am

Cost: \$55.00 will be deducted from your Home Care Package.

Monday 7th June – Men's Space

Please come along and join our Men's group for lunch at the historic Hotel Victor. New faces always welcome. Transport can be arranged if required- please call Colette on 8552 1481 for assistance.

Time: 11.30am - 1.30pm - Meet at the Hotel Victor- Albert Place Victor Harbor

Cost: \$78.00 will be deducted from your Home Care Package.

Thursday 10th June – Yankalilla Museum and Lunch in Normanville

Yankalilla Museum is a must-see attraction on the Fleurieu. Come step back in time for a guided tour, and see displays such as blacksmiths, early settlers, farm machinery, maritime and even a church relocated from Inman Valley. Then enjoy lunch at the Normanville Café overlooking the Southern Indian Ocean. Please book early as limited seats will be available

Address: We will be leaving and returning to St Louis On Sea- 20 Esplanade Victor Harbor. Please call Colette if you require transport to St Louis On Sea.

Time: 10.30am - 3.00pm

Cost: \$165.00 will be deducted from your Home Care Package.

Thursday 17th June – Autumn Scenic Drive, Lunch at Meadows Bakery and Tearooms

Enjoy an Autumn country drive from Victor Harbor to Meadows, passing through Kuitpo Forest, before sitting down and enjoying a leisurely lunch in Meadows. Please book early as limited seats will be available.

Address: We will be leaving and returning to St Louis On Sea- 20 Esplanade Victor Harbor. Please call Colette if you require transport to St Louis On Sea.

Time: 10.30am - 3.00pm

Cost: \$161.00 will be deducted from your Home Care Package.

Monday 21st June – Pennylane Patchwork

Limited spaces available. Experience not essential (you may just want to join us for a chat and cuppa). A tutor will guide you every step of the way. Price includes morning tea and materials. Please bring a little sewing kit with you.

Address: 54 Victoria St, Victor Harbor (very close to our office, 3 hour parking out the front). **Time:** 9.30am - 12.30pm

Cost: \$80.00 will be deducted from your Home Care Package

Thursday 24th June – Monarto Zoo Bus Trip

Enjoy a full day trip to Monarto Zoo, where we will travel through all the different enclosures seeing the animals. Lunch will be served at The Monarto Zoo Café. Please book early to avoid disappointment. This is a full day outing.

Address: Leaving and returning to St Louis On Sea – 20 Esplanade Victor Harbor. Please call Colette if you require Transport to or from St Louis On Sea.

Time: 9.00am - 4.00pm. The bus will be leaving promptly at 9.15.

Cost: \$235.00 will be deducted from your Home Care Package.

Wednesday 30th June – Happy Chatters

Come along to St Louis on Sea and enjoy a relaxing morning amongst friends. Bring your current craft project to work on, or alternatively bring your smile and laugh and join in the conversation. Lunch will be provided.

Address: St Louis On Sea – 20 Esplanade, Victor Harbor

Time: 11.00am - 1.00pm. If you require transport, please call us on 8552 1481.

Cost: \$58.00 will be deducted from your Home Care Package.