




# St Louis Community Social Program Victor Harbor

## March 2021



**Book your social event today. Phone (08) 8552 1481 (bookings essential)**

Note: Outings may be cancelled due to inclement weather. Payment for these outings can come from your Home Care Package or paid for privately.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 Hydrotherapy 	3	4 Hectors on the Wharf – Goolwa	5	6	7
8 PUBLIC HOLIDAY	9 Hydrotherapy 	10	11 Belicious Café 	12	13	14
15	16 Hydrotherapy 	17 High Tea at St Louis on Sea 	18	19	20	21
22  Pennylane Patchwork	23 Hydrotherapy 	24  Men's Space at St Louis on Sea	25	26	27	28
29	30 Hydrotherapy 	31 Discovery at St Louis on Sea	Note: Our hot weather policy states that if the forecast is over 35 degrees then unfortunately the trips will be postponed to a cooler day. You will be phoned the day before to confirm a pick up time.			

### Public Holidays 2021

**Monday 8 March 2021**  
Adelaide Cup Day

**Friday 2 April 2021**  
Good Friday

**Saturday 3 April 2021**  
Easter Saturday

**Monday 5 April 2021**  
Easter Monday

**Monday 25 April 2021**  
Anzac Day

**Monday 14 June 2021**  
Queen's Birthday

Support that comes to you every day of the year

**Please call the Victor Harbor office on 8552 1481 to reserve your spot today**

31 Victoria Street  
Victor Harbor SA 5211

[www.stlouisagedcare.com.au](http://www.stlouisagedcare.com.au)

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### Hydrotherapy Classes – Every Tuesday

Muscles and joints feeling sore and tight? Maybe this might help relieve some pain. You will need to be assessed by Joe our physio before accessing the pool. We can help transport you to and from the Fleurieu Aquatic Centre.

**Time:** We have several time slots available on Tuesday's

**Cost:** Please direct all calls to Joe, Physiotherapist 8332 0950.

### Thursday 4th March – Goolwa Wharf, Hectors

We'll visit Hectors on the Wharf for a lovely lunch. Such a scenic position and a beautiful place to sit and chat. We will meander through the Goolwa area and hope to visit the Signal Point Gallery if time permits.

**Time:** Pickups will start at 10:00am. You should be home by 2:30pm.

**Cost:** \$96.20 will be deducted from your Home Care Package

### Thursday 11th March – Glacier Rock, Belicious Café

We'll head back to the Glacier Rock at Inman Valley, however this time we will be visiting the new Belicious Café. Come along for a chance to indulge in some of their famous desserts.

**Time:** Pickups will start at 9:30am. You should be home by 1:30pm.

**Cost:** \$96.20 will be deducted from your Home Care Package

### Wednesday 17th March – High Tea at St Louis on Sea

Come along for a beautiful 'High Tea at St Louis on Sea!' We would love you to join us for a relaxing get together. A lovely way to meet some of our wonderful clients.

**Time:** 11:30am-1:30pm

**Address:** 20 Esplanade, Victor Harbor.

**Cost:** \$77.00 will be deducted from your Home Care Package

### Monday 22nd March – Pennylane Patchwork

**Pennylane Patchwork, 2021!** We have enjoyed our time and sewing, please join our wonderful group if you have been thinking about joining us at Pennylane Patchwork! Price includes all materials, a very experienced tutor and morning tea. If you have a little sewing kit, please bring it along, just in case we need extra scissors etc.

**Address:** 54 Victoria St, Victor Harbor (very close to our office, 3 hour parking out the front). Please let the office know if you would like transport.

**Time:** 9:30am – 12:30pm

**Cost:** \$80.00 will be deducted from your Home Care Package

### Wednesday 24th March – Men's Space!

A place for chatting, sharing stories and a good laugh! We will also have a BBQ lunch! Please call the Victor Harbor office if you have any questions.

**Time:** 11:30am -1:30pm

**Cost:** \$77.00 will be deducted from your Home Care Package.

### Wednesday 31st March – Discovery at St Louis on Sea

Please bring your craft or a project you have worked on to share and discuss. We will include a lovely lunch and coffee and hope for some beautiful Victor Harbor weather so we can sit outside and soak up the sunrays.

**Time:** 11:30am -1:30pm

**Cost:** \$67.00 will be deducted from your Home Care Package.

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on 8552 1481 to reserve your spot today**