

St Louis Community Social Program Victor Harbor

November 2020



St Louis
Home Care

Book your social event today. Phone (08) 8552 1481 (bookings essential)

Note: Outings may be cancelled due to inclement weather. Payment for these outings comes off your CDC government package.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30						1
2	3 Melbourne Cup Hydrotherapy 	4 Men's Shed at St Louis on Sea	5	6	7	8
9 Pennylane Patchwork Christmas Theme 	10 Hydrotherapy 	11 Sandwiches and Tea at St Louis on Sea 	12	13	14	15
16	17 Boulevard Café Hydrotherapy 	18	19 Walk n talk 	20 Art Therapy 	21	22
23	24 Hydrotherapy 	25 Sandwiches and Tea at St Louis on Sea 	26 Middleton Tavern 	27	28	29

Public Holidays 2020

Friday 25 December
Christmas Day

Monday 28 December
Proclamation Day

**Call Lisa at the
Victor Harbor office**
on **8552 1481**
to reserve your
spot today

Support that comes to you
every day of the year

Phone 8552 1481

31 Victoria Street
Victor Harbor SA 5211

www.stlouisagedcare.com.au

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Tuesday 3rd November – Melbourne Cup Festivities

Please join us for Melbourne Cup festivities and a wonderful lunch at the Hotel Victor! Feel free to dress up for the event. Please let us know if you can make your own way, which would help with space on the bus.

Time: Pick ups will start at 11:00am. You should be home by 3:30pm.

Cost: \$107.95 will be deducted from your CDC account.

Wednesday 4th November – ‘Men’s Shed’ at SLOS

We would like to invite you for a get together at ‘St Louis on Sea’. This is a new activity. Alan our marvelous handyman and gardener will be our host! A light lunch and a drink will be provided.

Time: 10:30am- around 1:00pm

Cost: \$67.75 will be deducted from your CDC account.

Monday 9th November – Pennylane Patchwork

Come along and enjoy the opportunity to immerse yourself within the newly built workshop area and colourful surroundings whilst participating in ‘Christmas theme’ craft. Price includes all materials, a experienced tutor and morning tea. If you have a little sewing kit, please bring it along.

Address: **54 Victoria St, Victor Harbor** (close to the St Louis office, 3 hour parking out the front). Please let Lisa know if you would like transport.

Time: 9:30am - 12:30pm

Cost: \$80.00 will be deducted from your CDC account.

Wed 11th 10:30am-12:30pm / Wed 25th 11:30am-1:30pm ‘Sandwiches and Tea’ at St Louis on Sea

Please join us for ‘Sandwiches and Tea’ at St Louis on Sea! We would love you to join us for a relaxing chat and brunch. A great way to meet other clients from St Louis. **Address:** 20 Esplanade, Victor Harbor.

Time: 10:30am -12:30pm or 11:30am-1:30pm

Cost: \$59.95 will be deducted from your CDC account.

Tuesday 17th November – Boulevard Café

We are so happy to be adventuring back to the Boulevard Café! Let us know ASAP if you can make your own way to the venue. We look forward to seeing you there!

Time: Lunch starts at 12noon.

Cost: \$65.75 will be deducted from your CDC account.

Thursday 19th November - Walk n Talk

Who’s keen to join me for a walk? We will be walking at a pace that is suitable for everyone. If you love the idea but don’t feel like your legs will hold up, we can easily access wheelchairs. Everyone will have their own care workers to assist. Call Lisa for more information 8552 1481.

Time: TBA **Cost:** TBA

Friday 20th November – Art Therapy

Overlooking the Victor Harbor Bay at St Louis on Sea, you will use all sorts of materials to explore your thoughts. Please let Lisa know if you would like transport. We can arrange for someone to pick you up.

Time: The class will run from 10:00am-11:30noon.

Cost: Depending on the numbers, approx \$85.00 - includes materials, a cuppa, light snack. This will be deducted from your CDC account.

Thursday 26th November – Middleton Tavern

We haven’t been here for a few months! Please join us for their lovely 2 course meal.

Time: Lunch starts at 12noon. Please let us know if you can make your own way or if you require transport.

Cost: \$92.20 will be deducted from your CDC account.

Hydrotherapy Classes – Every Tuesday at the Fleurieu Aquatic Centre

Muscles and joints feeling sore and tight? Maybe this might help relieve some pain. You will need to be assessed by Joe our physio before accessing the pool. We can help transport you to and from the pool.

Time: We have several time slots available on Tuesday’s

Cost: Please direct all calls to Joe, Physiotherapist 8332 0950.