

St Louis Community Social Program Victor Harbor

November 2022



Phone (08) 8552 1481 to book your social event today (*bookings are essential*)

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

	1 Social Support 1:1/ Home Visits	2 Walk for Wellness	3 Mystery Drive and Lunch	4	5	6
7 Social Support 1:1/ Home Visits	8 Walk for Wellness	9 Pamper Time	10 Brunch at The Retro Vibe Café	11	12	13
14	15 Social Support 1:1/ Home Visits	16 Lunch at Mt Compass Golf Course	17 Library & Afternoon Tea	18	19	20
21 Sit n Chat	22 Social Support 1:1/ Home Visits	23 Walk for Wellness	24	25	26	27
28 Social Support 1:1/ Home Visits	29	30				

Your Spouse or Partner

Can now accompany you on any of the social outings which is costed and charged at a discounted rate! Please call Colette to discuss.

Support that comes to you every day of the year.



St Louis Home Care
31 Victoria Street
Victor Harbor SA 5211
Phone 8552 1481

www.stlouisagedcare.com.au

Please book early to avoid disappointment.
Call Colette 8552 1481 for any queries.

Please Note:

- Cancellation fee will apply at full cost when less than 24 hours' notice given.
- All prices which include transport, only include picking you up in the local Victor Harbor Area. We can arrange transport from other areas, just ask Colette.

Please turn over to see more details.

St Louis Community Social Program

Victor Harbor November 2022

2nd, 8th and 23rd November – Walk for Wellness

We all know the benefits of walking, improved sleep, joint health, improved circulation, stress relief – the list goes on. Join Colette on the Encounter Bay foreshore where we will walk and talk. There are bench seats along the way for you to have a rest. We will then enjoy coffee and a snack at the Yilki Store. Please call Colette on 8552 1481 to book or request to be picked up from home.

Address: The Yilki Store, 60 Franklin Parade, Encounter Bay.

Time: 1.00pm – 2.30pm on the 2nd of November

Time: 10.00am – 11.30am on the 8th of November

Time: 1.00pm – 2.30pm on the 23rd of November

Cost: \$40.00 if you meet us there, and \$45.00 if you require transport. This will be deducted from your Home Care Package if you require transport. \$10.00 to be paid by you on the day.

Thursday 3rd November – Mystery Drive and Lunch

Join us for an outing full of mystery. There will be an outdoors element so bring a jacket or sunhat, dependent on the weather. A perfect way to spend a day amongst friends. This outing continues to book out, so to avoid disappointment call Colette on 8552 1481 to reserve your seat.

Popular
outing

Address: Leaving and returning from St Louis on Sea. **Time:** 9.15am – 4.00pm

Cost: \$212.00 will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.

Monday 7th & 28th and Tuesday 1st, 15th, 22nd – Home Visits

If you would like to meet Colette in the comfort of your home to discuss your individual social needs. This may be individual 1:1 social support or to find out more about the Monthly Social Program and its activities. Please call Colette on 8552 1481 to make a booking.

Cost: \$92.00 will be deducted from your Home Care Package.

Wednesday 9th November – Pamper Time (Limited Spaces)

It is time to treat yourself to either a luxurious Manicure or Pedicure at the Pure Elegance Beauty Salon in Middleton. Your hands or Feet will be soaked in a warm aromatherapy bath, nails filed & shaped, as well as your arms or legs being exfoliated and massaged. Ending with a nail polish color of your choice. Light refreshments will be served.

Address: Middleton Mall, Middleton, or we can arrange to pick you up at home. **Time:** TBA

Cost: \$131.00 if you require transport or \$111.00 if you meet us there. Costs will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.

Offered
each
month

Please call Colette on **8552 1481** to make a booking or reserve your spot!

Thursday 10th November – Brunch at The Retro Vibe

Join us for a social catch up in this relaxed café in the heart of Port Elliot. Please call Colette on 8552 1481 to book. Transport can be arranged just ask.

Address: The Strand, Port Elliot

Time: 11.00am – 12.30pm

Cost: \$64.00 if you require transport and \$53.00 if you meet us there. Costs will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.

Wednesday 16th November – Lunch at Mount Compass

Join us for a relaxed social lunch whilst we take in the stunning views at the Range Restaurant, Mount Compass Golf Course. Please call Colette on 8552 1481 to reserve your seat or request to be picked up from home.

Address: Leaving and returning from St Louis on Sea.

Time: 11.00am – 3.00pm

Cost: \$141.00 will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.

Thursday 17th November – Victor Library & Afternoon Tea

Join us for a visit of the Victor Harbor Library and afternoon tea at the Chat n Chino Café, all within the Civic Centre. Take the opportunity to borrow some books, magazines and DVDs which you can then return the following month. Please call Colette to reserve your seat on the bus.

Address: Bay Road, Victor Harbor **Time:** 12.30pm – 2.00pm

Cost: \$64.00 if you require transport or \$56.00 if you meet us there. Costs will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.

Monday 21st November – Sit n Chat

Join Colette at the Cup a Cake Café for a social chit chat. Meet new and old friends in a comfortable and welcoming environment. Morning tea will be provided. Please call Colette to book your seat and arrange transport if required.

Address: Ocean Street, Victor Harbor **Time:** 10.30am – 12.00 noon

Cost: \$51.00 if you require transport or \$46.00 if you meet us there. Costs will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.