

# St Louis Community Social Program Victor Harbor

October 2022



Phone (08) 8552 1481 to book your social event today (*bookings are essential*)

Monday      Tuesday      Wednesday      Thursday      Friday      Saturday      Sunday

31 Social Support 1:1/ Home Visits					1	2
3 Labour Day Public Holiday	4	5 Walk for Wellness 	6 Lunch at Elliot Hotel 	7	8	9
10 Social Support 1:1/ Home Visits	11	12 Pamper Time 	13 Brunch at Aras Café 	14	15	16
17 Walk for Wellness 	18 Social Support 1:1/ Home Visits	19	20 Mystery Drive and Lunch 	21	22	<div style="background-color: yellow; border-radius: 50%; padding: 20px; text-align: center;"> <p>Please book early to avoid disappointment. Call Colette 8552 1481 for any queries.</p> </div>
24 Sit n Chat 	25	26 Lunch at Anchorage Hotel 	27 Library & Afternoon Tea 	28	29	

### Your Spouse or Partner

Can now accompany you on any of the social outings which is costed and charged at a discounted rate! Please call Colette to discuss.

Support that comes to you every day of the year.



St Louis Home Care  
31 Victoria Street  
Victor Harbor SA 5211  
**Phone 8552 1481**

[www.stlouisagedcare.com.au](http://www.stlouisagedcare.com.au)

**Please Note:**

- Cancellation fee will apply at full cost when less than 24 hours' notice given.
- All prices which include transport, only include picking you up in the local Victor Harbor Area. We can arrange transport from other areas, just ask Colette.

Please turn over to see more details.

# St Louis Community Social Program

## Victor Harbor October 2022

### 5th & 17th October – Walk for Wellness

We all know the benefits of walking, improved sleep, joint health, improved circulation, stress relief- the list goes on. Now that winter is over, join Colette on the Encounter Bay foreshore where we will walk and talk. There are bench seats along the way for you to have a rest. We will then enjoy Coffee and a snack at the Yilki Store. Please call Colette on 8552 1481 to book or request to be picked up.

**Address:** Leaving and returning from The Yilki Store, 60 Franklin Parade, Encounter Bay. **Time:** 11.00am – 12.30pm

**Cost:** \$37.00 will be deducted from your Home Care Package.  
\$10.00 to be paid by you on the day.

### Thursday 6th October – Elliot Hotel for Lunch

Join us for the Seniors Meal Deal Lunch at the lovely Elliot Hotel. You can either meet us there at 12.00 or meet us at St Louis on Sea at 11.30am if you need transport. Call Colette on 8552 1481 to reserve your seat at the table.

**Address:** The Strand, Port Elliot

**Time:** 12 noon – 2.00pm

**Cost:** \$55.00 if you meet us there or \$66.00 if you require transport. Costs will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.

### Monday 10th & 31st and Tuesday 18th – Home Visits

If you would like to meet Colette in the comfort of your home to discuss your individual social needs. This may be individual 1:1 social support or to find out more about the Monthly Social Program and its activities.

**Cost:** \$92.00 will be deducted from your Home Care Package.

### Wednesday 12th October – Pamper Time (Limited Spaces)

It is time to treat yourself to either a luxurious Manicure or Pedicure at the Pure Elegance Beauty Salon in Middleton. Your hands or feet will be soaked in a warm aromatherapy bath, nails filed & shaped, as well as your arms or legs being exfoliated and massaged. Ending with a nail polish color of your choice. Light refreshments will be served.

**Address:** Leave and returning from St Louis on Sea, or we can arrange to pick you up at home.

**Time:** TBA

**Cost:** \$131.00 if you require transport or \$111.00 if you meet us there. Costs will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.

Offered  
each  
month

Please call Colette on **8552 1481** to make a booking

### Thursday 13th October – Brunch at Aras Café in Ocean Street

I recently had lunch in this delightful café and want to share this experience with you. Fresh home cooked meals are sure to please, as well as the friendly staff and welcoming atmosphere. Transport can be arranged just ask.

**Address:** 58 Ocean Street (next to Rivers) **Time:** 10.00am – 1.00pm

**Cost:** \$57.00 will be deducted from your Home Care Package.  
\$10.00 to be paid by you on the day.

### Thursday 20th October – Mystery Drive and Lunch

Join us for an outing full of mystery. Only thing I can divulge is the wood oven pizzas are sure to please. A perfect way to spend a day amongst friends.

This outing continues to book out, so call 8552 1481 to reserve your seat.

**Address:** Leaving and returning from St Louis on Sea. **Time:** 10.30am – 2.30pm

**Cost:** \$139.00 will be deducted from your Home Care Package.  
\$10.00 to be paid by you on the day.

Popular  
outing

### Monday 24th October – Sit n Chat

Join Colette at the the Boulevard Café for a social chit chat. Meet new and old friends in a comfortable and welcoming environment. Morning tea will be provided. Please call Colette to book your seat and arrange transport if required.

**Address:** Bartel Boulevard, Victor Harbor **Time:** 10.30am – 12.00 noon

**Cost:** \$63.00 if you require transport or \$48.00 if you meet us there. Costs will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.

### Wednesday 26th October – Anchorage Hotel Lunch

Join us for a relaxed social lunch at the historic Anchorage Hotel.

Call Colette on 8552 1481 to reserve your seat.

**Address:** 21 Flinders Parade, Victor Harbor **Time:** 12 noon – 2.00pm

**Cost:** \$85.00 if you require transport or \$76.00 if you meet us there. Costs will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.

### Thursday 27th October – Victor Harbor Library & Afternoon Tea

Join us for a visit of the Victor Harbor Library and afternoon tea at the Chat n Chino Café, all within the Civic Centre. Take the opportunity to borrow some books/magazines and DVDs which you can then return the following month.

**Address:** Bay Road, Victor Harbor **Time:** 1.00pm – 2.30pm

**Cost:** \$67.00 if you require transport or \$59.00 if you meet us there. Costs will be deducted from your Home Care Package. \$10.00 to be paid by you on the day.