

St Louis Community Social Program Victor Harbor

September 2021



Book your social event today. Phone (08) 8552 1481 (bookings essential)

Note: Outings may be cancelled due to inclement weather. Payment for these outings can come from your Home Care Package or paid for privately. Our hot weather policy states that if the forecast is over 35 degrees then unfortunately the trips will be postponed to a cooler day. You will be phoned the day before to confirm a pick up time.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Lunch at the Victor Hotel	2	3	4	5
6 Home Visits with Colette	7 Hydrotherapy Cleland Park Visit	8	9	10	11	12
13 Pennylane Patchwork	14 Hydrotherapy	15 Walkabout on the Esplanade	16	17	18	19
20	21 Hydrotherapy Gardening with Alice	22	23 Lunch at Nino's Café Victor Harbor	24	25	26
27 Home Visits with Colette	28 Hydrotherapy Cockle Train and Lunch	29	30			

Support that comes to you every day of the year.

Advance Notice THE ROYAL SHOW

The Royal Show will be running from the 4th until the 12th September. If you would like to attend, to see your favourite events. We can organize you a care worker to take you as your own personal social session. The cost will be deducted from your Home Care Package, so no out of pocket expense for you.

Public Holidays 2021

- Monday 4 October 2021
Labour Day
- Saturday 25 December 2021
Christmas Day
- Sunday 26 December 2021
Boxing Day

Phone 8552 1481
31 Victoria Street
Victor Harbor SA 5211
www.stlouisagedcare.com.au

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Hydrotherapy Classes – Every Tuesday

Muscles and joints feeling sore and tight? Maybe this might help relieve some pain. You will need to be assessed by Joe our physio before accessing the pool. We can help transport you to and from the Fleurieu Aquatic Centre.

Time: We have several time slots available.

Cost: Please direct all calls to Joe, Physiotherapist 8332 0950.

Wednesday 1st September – Lunch at the Hotel Victor

Come along for a chat and laugh whilst enjoying lunch at the Hotel Victor.

Address: 1 Albert Place, Victor Harbor.

Time: 12.00noon – 2.00pm

Cost: \$90.00 will be deducted from your Home Care Package.

Please call Colette on 8552 1481 to make a booking or transport.

Monday 6th & 27th September – Home Visits

Meet Colette in the comfort of your home to discuss your individual social needs. This may be individual 1:1 social support or to find out more about the Monthly Social Program and its activities.

Please call Colette on 8552 1481 to make a booking.

Tuesday 7th September – Cleland Wildlife Park Visit

Join us on a comfortable coach bus for a full day trip to Cleland. You will be surrounded by over 130 Australian species. Morning tea, lunch & afternoon tea all included. Please let us know if you will require transport to and from home.

Address: We will be leaving and returning to St Louis on Sea, 20 Esplanade Victor Harbor.

Time: 9.00am – 4.00pm

Cost: \$281.00 will be deducted from your Home Care Package.

Monday 13th September – Pennylane Patchwork

Limited spaces available. Experience not essential (you may just want to join us for a chat and cuppa). A tutor will guide you every step of the way. Price includes morning tea and materials. Please bring a little sewing kit with you.

Address: 54 Victoria St, Victor Harbor (very close to our office, 3 hour parking out the front). **Time:** 9.30am – 12.30pm

Cost: \$90.00 will be deducted from your Home Care Package.

Wednesday 15th September – Walkabout on the Esplanade

Join us for a leisurely walk along the lovely Victor Harbor foreshore followed by afternoon tea at St Louis on Sea upon return. We can arrange for carer's to join us if required to assist with 1:1 support, so don't be shy, come and meet old and new friends. Please let your coordinator know if you would like us to arrange transport.

Address: St Louis on Sea, 20 Esplanade, Victor Harbor.

Time: 12.30pm – 2.30pm

Cost: \$78.00 will be deducted from your Home Care Package.

Tuesday 21st September – Garden with Alice the Gardener

Join us in making Kokedama moss balls. These originate in Japan and are very popular houseplants. Everything you need will be supplied including afternoon tea.

Address: St Louis on Sea, 20 Esplanade, Victor Harbor.

Time: 12.30pm – 3.00pm

Cost: \$109.00 will be deducted from your Home Care Package.

Thursday 23rd September – Lunch at Nino's Café

Come along to enjoy a mouthwatering lunch followed by gelato at Nino's Café in the heart of Victor Harbor.

Address: 17 Albert Place, Victor Harbor

Time: 12.00noon – 2.00pm

Cost: \$97.00 will be deducted from your Home Care Package.

Please call Colette on 8552 1481 to reserve your seat, and to let me know if you will require transport.

Tuesday 28th September – Cockle Train and Lunch

Come along all aboard the Cockle Train to enjoy the scenic journey from Victor Harbor to Goolwa where we will be having lunch at the popular Hectors on the Wharf.

Address: Departing and returning to the Steam Ranger Railway Station, Railway Terrace Victor Harbor.

Time: 10.30am – 3.30pm

Cost: \$199 will be deducted from your Home Care Package.

Please call Colette on 8552 1481 to make a booking.

Call 8552 1481 to reserve your spot today