

St Louis Community Social Program Victor Harbor

September 2022



Phone (08) 8552 1481 to book your social event today (*bookings are essential*)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Library & Afternoon Tea 	2	3	4
5 Social Support 1:1/ Home Visits 	6 Walk for Wellness 	7	8 Explore Strathalbyn's High Street 	9	10	11
12 Social Support 1:1/ Home Visits 	13	14 Lunch at Café Primo 	15 Walk for Wellness 	16	17	18
19 Sit n Chat 	20 Garden Group 	21	22 Mystery Drive and Lunch 	23	24	25
26 Walk for Wellness 	27 Social Support 1:1/ Home Visits 	28	29 Library & Afternoon Tea 	30	<div style="border: 2px solid yellow; border-radius: 50%; padding: 20px; text-align: center;"> <p>Please book early to avoid disappointment. Call Colette 8552 1481 for any queries.</p> </div>	

Your Spouse or Partner
Can now accompany you on any of the social outings which is costed and charged at a discounted rate! Please call Colette to discuss.

Support that comes to you every day of the year.



St Louis Home Care
31 Victoria Street
Victor Harbor SA 5211
Phone 8552 1481

Please Note: Cancellation fee will apply at full cost when less than 24 hours' notice given. www.stlouisagedcare.com.au

Please turn over to see more details.

St Louis Community Social Program

Victor Harbor September 2022

Home Visits Monday 5th & 12th and Tuesday 27th

If you would like to meet Colette in the comfort of your home to discuss your individual social needs. This may be individual 1:1 social support or to find out more about the Monthly Social Program and its activities.

Cost: \$92.00 will be deducted from your Home Care Package.

Thursday 1st & 29th – Victor Harbor Library & Afternoon Tea

Join us for a visit of the Victor Harbor Library and afternoon tea at the Chat n Chino Café, all within the Civic Centre. Take the opportunity to borrow some books/magazines and DVDs which you can then return the following month.

Address: Bay Road, Victor Harbor

Time: 1.00pm – 2.30pm

Cost: \$64.00 will be deducted from your Home Care Package.
\$10.00 to be paid by you on the day.

6th, 15th & 26th September – Walk for Wellness

We all know the benefits of walking, improved sleep, joint health, improved circulation, stress relief- the list goes on. Now that winter is over join Colette on the Encounter Bay foreshore where we will walk and talk. There are bench seats along the way for you to have a rest. We will then enjoy coffee and a snack at the Yilki Store. Please call Colette on 8552 1481 to book or request to be picked up.

Address: Leaving and returning from The Yilki Store, 60 Franklin Parade Encounter Bay.

Time: 10.30am – 12.00 noon on the 6th of September

Time: 1.00pm – 2.30pm on the 15th of September

Time: 10.30am – 12.00 noon on the 26th of September

Cost: \$37.00 will be deducted from your Home Care Package.
\$10.00 to be paid by you on the day.

Thursday 8th September – Explore Strathalbyn's High Street

Take a stroll along High Street, visiting shops at your leisure before enjoying lunch at the Commercial Hotel.

Address: Leaving and returning from St Louis on Sea

Time: 9.30am – 3.00pm

Cost: \$164.00 will be deducted from your Home Care Package.
\$10.00 to be paid by you on the day.

Please call Colette on **8552 1481** to make a booking or reserve your spot!

Wednesday 14th September – Lunch at Café Primo

Lunch at Café Primo is always a popular place to eat. Please call Colette to reserve your place at the table. We always have space for newcomers.

Time: 12 noon – 2.00pm

Cost: \$82.00 will be deducted from your Home Care Package.
\$10.00 to be paid by you on the day.

Monday 19th September – Sit n Chat

Join Colette at the Cup a Cake Café for a social chit chat. Meet new and old friends in a comfortable and welcoming environment. Morning tea will be provided. Please call Colette on 8552 1481 to book your seat.

Address: Ocean Street, Victor Harbor

Time: 10.30am – 12.00 noon

Cost: \$51.00 will be deducted from your Home Care Package.
\$10.00 to be paid by you on the day.

Tuesday 20th September – Garden Group

Come along, bring some cuttings, spare plants, seeds etc. and share amongst our budding gardeners. Or even bring photos of your garden or a favourite plant, or something you've made. Over afternoon tea we will discuss all things gardening, have a quiz or two and travel the world to visit different gardens.

Address: St Louis on Sea 20 Esplanade, Victor Harbor

Time: 1.00pm – 2.30pm

Cost: \$45.00 will be deducted from your Home Care Package.
\$10.00 to be paid by you on the day.

Thursday 22nd September – Mystery Drive and Lunch

Join us for a mystery scenic drive and lunch in a popular hotel. A perfect way to spend a day amongst friends. In July this lunch booked out quickly, so to avoid disappointment call Colette on 8552 1481 to reserve your seat.

Address: Leaving and returning from St Louis on Sea.

Time: 10.30am – 3.00pm

Cost: \$141.00 will be deducted from your Home Care Package.
\$10.00 to be paid by you on the day.