



Nursing Home News

Social Programs

We have been lucky with the weather so far and have continued with our regular bus trips to a variety of venues. We went for lunch and a movie which everyone enjoyed. We saw "A Dogs Purpose" and I am not ashamed to say I shed a tear or two (*pictured right*).

We were entertained by a travelling didgeridoo player (*pictured right*). He played a variety of indigenous instruments stopping to explain what they were and the residents were captivated. Our next concert in May was Chris Combe who was in a coma some years ago. When he came out of it he had lost his adult memories but was able to play the piano magnificently.

The 12th of May was International Nurses day. We asked staff to write down why they love working in aged care or why they love being a nurse. The residents picked the two they liked the best. Congratulations to Jen (Physio) and Funi (carer).

*From Anne Wicks
Social Programs Coordinator*

Resident Clothing

As winter is right on us could we please ask all relatives to check your loved ones clothes, in particular singlets, socks, warm night wear, cardigans and track pants. Please ensure they are delivered to the RN for labelling prior to wearing.

Beds

St Louis is currently replacing our tired beds with the best you can buy. The Sentida bed comes from Sweden as does the mattress we are buying with the bed. The mattress provides high user comfort as well as a solution for pressure care without the use of an external pump. Residents currently using these beds are very complimentary about them and the staff love them. We are also very close to having bed alarms on all beds. This ensures staff know a resident is up and out of bed especially at night, reducing our risk of falls.



Call bells

Our last recorded call bell rate was 8705 call bells in a month, with a wait time of 4.3 minutes. This equates to 13 calls an hour day and night that the staff are responding to as well as their daily duties. Well done staff, this is excellent.

*From Sue Toner
Care Coordinator and Melissa Watson Care Manager*

Flu Vaccinations season! -
Please contact your GP or local council for times and locations of vaccination clinics.

St Louis Home Care

St Louis Home Care are very pleased to be working closely with Omega Communities, to provide additional convenience and support to residents and their families of both Leabrook Place and The Glenbrook. In addition to the provision of extended care services to residents, St Louis is able to provide information and assistance with the complex and

tiresome task of navigating access to additional services and ACAT assessments in addition to support services in areas such as medical support and in-home equipment, nursing care (wound management, chronic disease management, post hospital care), physio, bus trips, "Strength for Life" exercise programs and live-in overnight support.

Social Programs

We were spoilt for choice throughout May. We visited the star display at the Planetarium and our presenter was very eager to answer the many questions of curiosity. He certainly was knowledgeable in talking about our solar system.

Early in the month, we also had a guest speaker from an organisation by the name of TAD join us for morning tea. TAD can make or modify objects that can't be purchased in a retail store that support people living in their homes. Definitely worth looking into if any of you have any difficulties at home.

Monarto was our highlight of the month. The animals are always so amazing to watch and many of us would've loved to sneak one home! The bus that drove us around the paddocks was comfortable and the tour guide gave us lots of interesting information on each animal. Did you know that a giraffes tongue can extend to 45cm long!

Newmans nursery was next on the agenda and may I say, the weather on our trips this month have been equally as perfect as the beautiful plants and flowers we observed. We couldn't have planned it any better if we tried. We are looking forward to a trip to Tandanya to learn about the aboriginal culture and last but not least the Birdwood Mill for a scrumptious lunch in the coming week.

The June calendar was attached to the May calendar. Don't forget to book our trips early as they are booking up quickly. See you all soon.

Sarah Rankin, Home Care Social Coordinator

Judith's new role

After 12 months in the Coordination role at St Louis, I have the opportunity of taking on the role of Sales Consultant with St Louis. As part of my role now I will be presenting and talking to people to assist them navigate the aged care at home system, support with referrals for Home Care Packages and promote the range of services that St Louis provides. It was with a degree of sadness that I hand over my client load to Lisa as the new Coordinator as I have thoroughly enjoyed working with the Home Care Package clients in identifying and meeting their needs. Please pass on the St Louis phone number to anyone you know who might need some information or help in accessing aged care at home, I am only too happy to discuss or visit to provide assistance.

Home Care – Reminder

Please check any letters from My Aged Care with information about increase in package level. These letters are saying that 'your provider' (St Louis) have been notified about the change in Level but we have not been notified. Please call us if you have a letter telling you that you have been assigned a new package level so that we can discuss an increase in service delivery with you.

Comments - If you have any feedback positive or negative, please don't hesitate to let us know. Please post it to: St Louis Aged Care, 21 Foster Street, Parkside SA 5063. **Thank you**

Provider of Quality Aged Care since 1946

St Louis Nursing Home

21 Foster Street, Parkside SA 5063
Phone (08) 8272 3344

St Louis On Blyth - Retirement Units Parkside

34-36 Blyth Street, Parkside SA 5063
Phone (08) 8272 3344

St Louis Home Care

Home Care Package Level 1-4 provider
Metropolitan Adelaide - Phone (08) 8332 0950
Victor Harbor - Phone (08) 8552 1481

St Louis Private Home Care (no waiting list)

In home support & services
Metropolitan Adelaide - Phone (08) 8332 0950
Victor Harbor - Phone (08) 8552 1481

AGED RIGHTS ADVOCACY SERVICE (Inc)

Telephone 8232 5377 -
email: aras@agedrights.asn.au

DEPARTMENT OF HEALTH

Aged Care Complaints Scheme
Telephone (free call) 1800 550 552



Commonwealth Department of Health
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