



## St Louis Newsletter

June 2019

### Nursing Home Social Program

Hope you are all keeping warm as it seems that winter is on its way. Please ensure your family member has a warm coat and perhaps gloves and scarf for winter bustrips. All outings will continue as planned unless we have wet and stormy conditions.

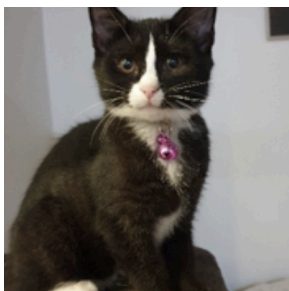
I have sent out an email regarding expressions of interest for starting a relatives support group. This group would be run by relatives and I will be asking for someone to offer their time to run the group. I will however be available to help with the initial set-up. As I don't have email addresses of all family members, if you have not heard from me about this group, please email me at [anne@stlouisagedcare.com.au](mailto:anne@stlouisagedcare.com.au) to advise if you are interested in participating and I will be able to keep you updated.

You may have seen our Audrey on Facebook at Adelaide Biplanes, Aldinga. After several attempts where the weather let us down, we finally got her up in a Cessna for a scenic flight along the coast. Audrey's daughter and two other residents also came along for the ride. I highly recommend using Adelaide Biplanes, they were fantastic.

Congratulations to Dorothy Bain, the winner of the Mother's Day raffle.

Poppy and Percy are so cute, full of mischief and have really settled into their new home. They are busy visiting everybody and have been sighted hitching rides on Dorothy L's walker!

#### **Anne Wicks, Nursing Home Social Programs**



### New Soup Group at St Louis

We are trialling a soup group at St Louis. Our clients are getting busy chopping veggies etc to make a lovely pot of hearty soup to be available to all comers in the Coffee Lounge. If you come to visit, please come and try a cup at anytime. Also, if you have a favourite soup recipe, please bring it in to Anne so that we can add it to our repertoire! This is an initiative designed to engage and involve clients, stimulate independence and bring people together. We would love to hear from you, to learn what you think!

### New Aged Care Standards from 1/7/19

The new standards will come into effect from July 1 this year.

Two changes we need to implement is to provide you with a "Charter of Aged Care Rights" and to arrange for new Agreements to be signed for each resident. We will be contacting all families to arrange this in the very near future.

And it's survey time again! It is a requirement of our accreditation that we survey clients and families annually, so please see enclosed with your accounts the annual survey document. We ask that you take a moment to complete the survey with your loved one at St Louis or on their behalf if they are unable to be involved. The completed survey can be sent back to us in the enclosed prepaid envelope or dropped into the mail box in Melissa's office.

As always, we encourage all clients and families to let us know if there are any issues or concerns, or accolades you wish to bestow, as client and family feedback is vital to identify issues that need addressing, ideas for improvement or just to let us know that we are on the right track. If anything crops up at any time (not just annual survey time), please don't hesitate to complete a "We value your opinion" form available in the atrium, or arrange a time to visit and speak with Sue or Melissa.

**Comments and complaints Feedback:** If you have any feedback positive or negative, please don't hesitate to let us know.  
St Louis Aged Care, 21 Foster Street, Parkside SA 5063. *Thank you*

#### **St Louis Nursing Home**

21 Foster Street, Parkside SA 5063 (08) 8272 3344

#### **St Louis On Blyth - Retirement Units Parkside**

34-36 Blyth Street, Parkside SA 5063 (08) 8272 3344



**St Louis**  
Home Care

## Home Care News

June 2019

### Victor Harbor Home Care Social Programs

Greetings and salutations to all our wonderful clients on the Fleurieu.

We have enjoyed some wonderful trips over the past weeks. We were lucky to experience beautiful weather for our Hahndorf Autumn leaves day trip and our Finnis, Hindmarsh Island day trip.

Please call us at anytime if you would like to go somewhere, which is not on our social calendar. If your funding permits, we may be able to organise this for you. Sue, Nyree, Kathy & Lisa are happy to chat to you at any time.

Sending lots of warming winter thoughts to you all. Keep warm.

#### **The team at St Louis Home Care, Victor Harbor**



Max and Margaret at the Murray Mouth, Hindmarsh Island



Rita, Annemarie and John at Hahndorf, Autumn leaves

### Adelaide Home Care Social Programs

I hope you're all snuggled up warm with a blanket and cuppa while reading the newsletter! As usual, we continue to have lots of fun out and about in the community.

We've visited a koala and wildlife hospital and listened to the extremely talented and dedicated police band perform at the Burnside Town Hall.

We also enjoyed some art therapy here at the Dudley Road office where everyone is thoroughly enjoying being able to say hello to our friendly staff that help coordinate and roster all of the shifts needed to help you stay living well at home.

Most of our trips are full which is very rewarding for me and indicates that we are finding some interesting places to explore and people are keen to catch up with familiar faces they have seen and chatted with on previous trips. Later in the year, I'm excited to plan some trips to the Elder Conservatorium where we can sit back and absorb our senses in the orchestral music performed by the music students.

As some of you may know, our Louis lad group came to end as our male care worker who started it up, unfortunately had to move interstate for personal reasons. If any men are interested in getting together with other men to chat about life, enjoy a game of pool or perhaps have an instrumental day in the park, please contact me and I will see what we can do to start this up again. I'm sure there's a few of you out there who would really look forward to it once it becomes a regular activity in your life.

#### **Sarah Rankin, St Louis Adelaide**



SA Police Band



Art Therapy class

*"Spring passes and one remembers one's innocence. Summer passes and one remembers one's exuberance. Autumn passes and one remembers one's reverence. Winter passes and one remembers one's perseverance". Yoko Ono*

**St Louis Home Care Adelaide Metro and Hills**  
11 Dudley Road, Marryatville SA 5068 (08) 8332 0950

**St Louis Home Care Victor Harbor and Fleurieu**  
31 Victoria Street, Victor Harbor SA 5211 (08) 8552 1481

**St Louis Private Home Care - no waiting list**  
Adelaide (08) 8332 0950 Victor Harbor (08) 8552 1481

[www.stlouisagedcare.com.au](http://www.stlouisagedcare.com.au)

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(08) 8232 5377 email: [aras@agedrights.asn.au](mailto:aras@agedrights.asn.au)

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