

St Louis Nursing Home Social Program August 2022

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 10.00am-11.30am Montessori Activities and Garden 2.30pm Wood Worx 	2 AM Unley Library AM Exercise 2.30pm Bingo 	3 10.00am-11.30am Montessori Activities and Garden 2.30pm Fun with Food & Games 	4 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench 	5 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class 	6 AM Free Time 2.30pm Card Games 	7 AM ABC TV Songs of Praise 2.30pm Movie – ‘Avatar’ 
8 10.00am-11.30am Montessori Activities and Garden 2.30pm Mosaic Bench 	9 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo 	10 Teamific Virtual Quiz 2.30pm Resident’s Meeting 	11 10.30am Montessori Activities and Bus Trip 2.30pm Art & Craft 	12 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class 	13 AM Free Time 2.30pm Bean Bag Games 	14 AM ABC TV Songs of Praise 2.30pm Movie – ‘War with Grandpa’ 
15 10.00am-11.30am Montessori Activities and Garden 2.30pm Canvas Art 	16 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo 	17 Teamific Wheel of Fortune 2.30pm Nonna’s Kitchen and Games 	18 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench 	19 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class 	20 AM Free Time 2.30pm Wii Bowling 	21 AM ABC TV Songs of Praise 2.30pm Movie – ‘Muriels Wedding’ 
22 10.00am-11.30am Montessori Activities and Garden 2.30pm Clarinet Performers 	23 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo 	24 10.00am-11.30am Montessori Activities and Garden 2.30pm Fun with Food PM 1:1 Walks 	25 10.30am Montessori Activities and Bus Trip 2.30pm Art Therapy 	26 Daffodil Day 10.00am-11.30am Montessori & Garden 2.30pm Exercise Class 	27 AM Free Time 2.30pm Scrapbooking 	28 AM ABC TV Songs of Praise 2.30pm Movie – ‘Something’s Gotta Give’ 
29 10.00am-11.30am Montessori Activities and Garden 2.30pm Board Games 	30 AM Unley Library AM Exercise 2.30pm Bingo 	31 10.00am-11.30am Montessori Activities and Garden 2.30pm Church Service				



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

