

# St Louis Nursing Home Social Program December 2023

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				<b>1</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b> 	<b>2</b> <b>AM Free Time</b> 2.30pm <b>Card Games</b> 	<b>3</b> <b>AM ABC TV Songs of Praise</b> 2.30pm <b>Movie 'Slumberland'</b> 
<b>4</b> 10.00am-11.30am <b>Montessori &amp; Garden</b> 2.30pm <b>Church Service</b> 	<b>5</b> 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b> 	<b>6</b> 10.00am-11.30am <b>Teamific Quiz Beautician</b>  2.30pm <b>Unley Christmas Carols</b> 	<b>7</b> 10.30am <b>Montessori Activities and Bus Trip</b>  2.30pm <b>Mosaic Bench</b> 	<b>8</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b> 	<b>9</b> <b>AM Free Time</b> 2.30pm <b>Outdoor Games</b> 	<b>10</b> <b>AM ABC TV Songs of Praise</b> 2.30pm <b>Movie 'Lady Chatterley's Lover'</b> 
<b>11</b> 10.00am-11.30am <b>Montessori &amp; Garden Hairdresser</b>  2.30pm <b>Chair Yoga Australia Visit</b> 	<b>12</b> <b>AM Unley Library</b>  10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b> 	<b>13</b> 10.00am-11.30am <b>Montessori &amp; Garden</b> 2.30pm <b>Fun with Food &amp; Games with Grant</b> 	<b>14</b> 10.30am <b>Montessori Activities and Bus Trip</b>  2.30pm <b>Resident's Christmas Lunch</b> 	<b>15</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b> 	<b>16</b> <b>AM Free Time</b> 2.30pm <b>Making Christmas Ornaments</b> 	<b>17</b> <b>AM ABC TV Songs of Praise</b> 2.30pm <b>Movie 'Ma Rainey's Black Bottom'</b> 
<b>18</b> 10.00am-11.30am <b>Montessori &amp; Garden Hairdresser</b>  2.30pm <b>Art &amp; Craft</b> 	<b>19</b> 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b> 	<b>20</b> 10.00am-11.30am <b>Montessori &amp; Garden Beautician</b>  2.30pm <b>Resident's Meeting</b> 	<b>21</b> 10.30am <b>Montessori Activities and Bus Trip</b>  2.30pm <b>Happy Hour &amp; Games</b> 	<b>22</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b> 	<b>23</b> <b>AM Free Time</b> 2.30pm <b>Parachute and Ball Games</b> 	<b>24</b> <b>AM ABC TV Songs of Praise</b> 2.30pm <b>Movie 'Santa Claus: The Movie'</b> 
<b>25</b> <b>Public Holiday</b>  <b>Christmas Day</b>	<b>26</b> <b>Public Holiday</b> 10.00am-11.30am <b>Montessori Activities</b> <b>Boxing Day / Proclamation Day</b> 2.30pm <b>Bingo</b> 	<b>27</b> 10.00am-11.30am <b>Montessori &amp; Garden</b> 2.30pm <b>Church Service</b> 	<b>28</b> 10.30am <b>Montessori Activities</b> 2.30pm <b>Canvas Painting</b> 	<b>29</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b> 	<b>30</b> <b>AM Free Time</b> 2.30pm <b>Christmas Word Games</b> 	<b>31</b> <b>AM ABC TV Songs of Praise</b> <b>New Years Eve</b> 2.30pm <b>Movie 'The Noel Diary'</b>  <b>Happy Hour</b> 



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

