

St Louis Nursing Home Social Program February 2023

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 10.00am-11.30am Montessori & Garden Wheel of Fortune 2.30pm Nonna's Kitchen and Games  	2 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench  	3 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class  	4 AM Free Time 2.30pm Basket Ball 	5 AM ABC TV Songs of Praise 2.30pm Movie 'The Bridge over the River Kwai' 
6 10.00am-11.30am Montessori Activities & Garden 2.30pm Church Service 	7 10.00am-11.30am Montessori Activities 2.30pm Bingo 	8 10.00am-11.30am Montessori Activities 2.30pm Fun with Food and Games 	9 10.30am Montessori Activities and Bus Trip 2.30pm White Board Games  	10 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class  	11 10.00am-11.30am Montessori Activities & Garden 2.30pm Art and Craft  	12 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Notting Hill' 
13 10.00am-11.30am Montessori Activities & Garden 2.30pm Canvas Painting  	14 10.00am-11.30am Montessori Activities 2.30pm Bingo 	15 10.00am-11.30am Montessori & Garden Virtual Quiz 2.30pm Nonna's Kitchen and Games  	16 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench  	17 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class  	18 AM Montessori Activities 2.30pm Board Games 	19 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'The Painted Veil' 
20 10.00am-11.30am Montessori Activities & Garden 2.30pm Italian Day  	21 10.00am-11.30am Montessori Activities 2.30pm Bingo 	22 10.00am-11.30am Montessori Activities & Garden 2.30pm Church Service 	23 10.30am Montessori Activities and Bus Trip 2.30pm Scrapbooking  	24 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class  	25 AM Montessori Activities 2.30pm Seated Line Dancing 	26 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'June Again' 
27 10.00am-11.30am Montessori & Garden 2.30pm Bowling/Skittles  	28 10.00am-11.30am Montessori Activities 2.30pm Bingo 					



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

