

# St Louis Nursing Home Social Program March 2024



This program is flexible and may change. Outings may be cancelled due to inclement weather.

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  | Sunday   |
|--|---|---|--|--|---|--|
|  |   |   |  | <b>1</b><br>10.00am-11.30am<br><b>Montessori Activities and Garden</b><br>2.30pm<br><b>Emma Horwood Harpist</b>          | <b>2</b><br>AM<br><b>Free Time</b><br>2.30pm<br><b>Exercise Class</b>                             | <b>3</b><br>AM<br><b>ABC TV Songs of Praise</b><br>2.30pm<br><b>Movie 'Murder Mystery'</b>         |
| <b>4</b><br>10.00am-11.30am<br><b>Montessori &amp; Garden</b><br><b>Hairdresser</b><br>2.30pm<br><b>Church Service</b>                               | <b>5</b><br>10.00am-11.30am<br><b>Montessori Activities</b><br>2.30pm<br><b>Bingo</b>             | <b>6</b><br>10.00am-11.30am<br><b>Montessori &amp; Garden</b><br>2.30pm<br><b>Nonna's Kitchen and Games</b>                               | <b>7</b><br>10.30am<br><b>Montessori Activities and Bus Trip</b><br>2.30pm<br><b>Mosaic Bench</b>          | <b>8</b><br>10.00am-11.30am<br><b>Montessori Activities and Garden</b><br>2.30pm<br><b>Exercise Class</b>                | <b>9</b><br>AM<br><b>Free Time</b><br>2.30pm<br><b>Outside Ball Games</b>                         | <b>10</b><br>AM<br><b>ABC TV Songs of Praise</b><br>2.30pm<br><b>Movie 'Enola Holmes 2'</b>        |
| <b>11</b> PUBLIC HOLIDAY<br>Adelaide Cup<br>10.00am-11.30am<br><b>Montessori Activities</b><br><b>Hairdresser</b><br>2.30pm<br><b>Plate Painting</b> | <b>12</b><br>10.00am-11.30am<br><b>Montessori Activities</b><br>2.30pm<br><b>Bingo</b>            | <b>13</b><br>AM<br><b>Montessori Beautician</b><br><b>Teamific Virtual Quiz</b><br>2.00pm-4.00pm<br><b>New Wing Opening Afternoon Tea</b> | <b>14</b><br>10.30am<br><b>Montessori Activities and Bus Trip</b><br>2.30pm<br><b>Happy Hour and Games</b> | <b>15</b><br>10.00am-11.30am<br><b>Montessori Activities and Garden</b><br>2.30pm<br><b>Exercise Class</b>               | <b>16</b><br>AM<br><b>Free Time</b><br>2.30pm<br><b>Outdoor Exercise</b>                          | <b>17</b><br>AM<br><b>ABC TV Songs of Praise</b><br>2.30pm<br><b>Movie 'Persuasion'</b>            |
| <b>18</b><br>10.00am-11.30am<br><b>Montessori Activities</b><br><b>Hairdresser</b><br>2.30pm<br><b>Canvas Painting</b>                               | <b>19</b> AM Library<br>10.00am-11.30am<br><b>Montessori Activities</b><br>2.30pm<br><b>Bingo</b> | <b>20</b><br>10.00am-11.30am<br><b>Montessori Activities &amp; Garden</b><br>2.30pm<br><b>Resident's Meeting</b>                          | <b>21</b><br>10.30am<br><b>Montessori Activities and Bus Trip</b><br>2.30pm<br><b>Mosaic Bench</b>         | <b>22</b><br>10.00am-11.30am<br><b>Montessori Activities and Garden</b><br>2.30pm<br><b>Exercise Class</b>               | <b>23</b><br>AM<br><b>Free Time</b><br>2.30pm<br><b>Bingo and Games</b>                           | <b>24</b><br>AM<br><b>ABC TV Songs of Praise</b><br>2.30pm<br><b>Movie 'The Two Popes'</b>         |
| <b>25</b><br>AM<br><b>St Raph's School Visit</b><br><b>Hairdresser</b><br>2.30pm<br><b>Making Easter Baskets</b>                                     | <b>26</b><br>10.00am-11.30am<br><b>Montessori Activities</b><br>2.30pm<br><b>Bingo</b>            | <b>27</b><br>AM<br><b>Montessori Teamific Wheel of Fortune</b><br><b>Beautician</b><br>2.30pm<br><b>Church Service</b>                    | <b>28</b><br>10.30am<br><b>Montessori Activities and Bus Trip</b><br>2.30pm<br><b>T-Shirt Design</b>       | <b>29</b> GOOD FRIDAY<br>10.00am-11.30am<br><b>Montessori Activities &amp; Garden</b><br>2.30pm<br><b>Exercise Class</b> | <b>30</b> EASTER SATURDAY<br>AM<br><b>Free Time</b><br>2.30pm<br><b>Movie 'Walk, Ride, Rodeo'</b> | <b>31</b> EASTER SUNDAY<br>AM<br><b>ABC TV Songs of Praise</b><br>2.30pm<br><b>Easter Egg Hunt</b> |

**Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation**