

# St Louis Nursing Home Social Program September 2023



St Louis  
Nursing Home

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				<b>1</b> 10.00am-11.30am <b>Montessori Activities &amp; Garden</b> 2.30pm <b>Exercise Class</b>	<b>2</b> AM <b>Free Time</b> 2.30pm <b>White Board Games</b>	<b>3</b> <b>Father's Day</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Movie</b> 'Fatherhood'
<b>4</b> <b>Montessori &amp; Garden</b> <b>Hairdresser</b> 2.30pm <b>Church Service</b>	<b>5</b> 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b>	<b>6</b> 10.00am-11.30am <b>Montessori &amp; Garden</b> 2.30pm <b>Nonna's</b> "Kitchen & Games"	<b>7</b> 10.30am <b>Montessori Activities and Bus Trip</b> 2.30pm <b>Mosaic Bench</b>	<b>8</b> 10.00am-11.30am <b>Montessori &amp; Garden</b> <b>Robyn's Mobile Fashion</b> 2.30pm <b>Exercise Class</b>	<b>9</b> AM <b>Free Time</b> 2.30pm <b>Balloon &amp; Noodle Games</b>	<b>10</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Movie</b> 'Amadeus'
<b>11</b> <b>Montessori &amp; Garden</b> <b>Hairdresser</b> 2.30pm <b>Mugs Performance</b>	<b>12</b> 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b>	<b>13</b> 10.00am-11.30am <b>Teamific Quiz</b> <b>Beautician</b> 2.30pm <b>Resident's Meeting</b>	<b>14</b> <b>RUOK? DAY</b> 10.30am <b>Montessori Activities and Bus Trip</b> 2.30pm <b>Art &amp; Craft</b>	<b>15</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b>	<b>16</b> AM <b>Free Time</b> 2.30pm <b>Bingo</b>	<b>17</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Movie</b> 'Shine'
<b>18</b> <b>Montessori &amp; Garden</b> <b>Hairdresser</b> 2.30pm <b>Canvas Painting</b>	<b>19</b> AM <b>Unley Library</b> 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b>	<b>20</b> 10.00am-11.30am <b>Montessori &amp; Garden</b> 2.30pm <b>Fun with Food</b>	<b>21</b> 10.30am <b>Montessori Activities and Bus Trip</b> 2.30pm <b>Mosaic Bench</b>	<b>22</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b>	<b>23</b> AM <b>Free Time</b> 2.30pm <b>Parachute Games</b>	<b>24</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Movie</b> 'Sister Act'
<b>25</b> <b>Montessori &amp; Garden</b> <b>Hairdresser</b> 2.30pm <b>Gardening</b>	<b>26</b> 10.00am-11.30am <b>Montessori Activities</b> 2.30pm <b>Bingo</b>	<b>27</b> <b>Montessori &amp; Garden</b> <b>Beautician</b> 2.30pm <b>Church Service</b> <b>Games with Grant</b>	<b>28</b> 10.30am <b>Montessori Activities and Bus Trip</b> 2.30pm <b>Art &amp; Craft</b>	<b>29</b> 10.00am-11.30am <b>Montessori Activities and Garden</b> 2.30pm <b>Exercise Class</b>	<b>30</b> AM <b>Free Time</b> 2.30pm <b>Board Games</b>	



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

