



















St Louis Nursing Home Social Program December 2021



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 10.00am-11.30am Montessori Activities & Garden 2.30pm Resident's Meeting	2 10.30am Bus Trip Lunch   2.30pm Nonna's Kitchen & Art Therapy	3 10.00am-11.30am Montessori Activities & Garden 2.30pm Exercise Class 	4 AM Free Time 2.30pm Indoor Golf	5 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Love Song'
6 10.00am-11.30am Montessori Activities & Garden 2.30pm Hangman Competition	7 Unley Library Delivery 10.00am-11.30am Montessori Activities 2.30pm Bingo	8 Teamific Virtual Quiz 2.30pm Gingerbread Reindeer Making	9 10.30am Bus Trip Lunch  2.30pm Gingerbread Reindeer Decorating	10 10.00am-11.30am Montessori Activities & Garden 2.30pm Exercise Class 	11 AM Free Time 2.30pm Board Games	12 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Deck the Halls'
13 10.00am-11.30am Montessori Activities & Garden 2.30pm Sand Castle making / Happy Hour	14  10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	15 10.00am-11.30am Montessori Activities & Garden 2.30pm Making Clay Snowman & Polar Bears	16 10.30am Bus Trip Lunch   2.30pm Art Therapy & Nonna's Kitchen	17 10.00am-11.30am Montessori Activities Christmas Lunch 2.30pm Rick Blann Christmas Songs 	18 AM Free Time 2.30pm Balloon Volleyball with noodles	19 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Christmas Gift from Bob'
20 Ben the pianist 2.30pm Snowflake making	21  10.00am-11.30am Montessori Activities & Exercise 2.30pm Face Painting on Balloons	22 Teamific Virtual Bingo 2.30pm Church Service	23 10.30am Bus Trip Lunch  2.30pm Reindeer Hat Game	24 10.00am-11.30am Montessori Activities & Garden 2.30pm 12 days of Christmas Exercise 	25  Christmas Day	26 PUBLIC HOLIDAY BOXING DAY / PROCLAMATION DAY AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Jingle Jangle a Christmas Journey'
27 10.00am-11.30am Montessori Activities & Garden 2.30pm Bean Bag Game	28  10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	29 10.00am-11.30am Montessori Activities & Garden 2.30pm Outside Christmas reminisce	30 10.30am Bus Trip Lunch  2.30pm Art Therapy 	31 10.00am-11.30am Montessori Activities & Garden 2.30pm Exercise Class 		



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

