


















St Louis Nursing Home Social Program February 2022



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 10.00am-11.30am Montessori Activities 2.30pm Outside walks and games 	2 10.00am-11.30am Montessori Activities and Garden 2.30pm Tic-Tac-Toe & Games 	3 10.30am Montessori Activities & Bus Trip  2.30pm Nonna's Kitchen 	4 10.00am-11.30am Montessori Activities 2.30pm Exercise Class 	5 AM Free Time 2.30pm Skittles 	6 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'You've Got Mail' 
7 10.00am-11.30am Montessori Activities & Garden 2.30pm Parachute & Ball Games 	8 10.00am-11.30am Montessori Activities 2.30pm Bingo 	9 10.00am-11.30am Montessori Activities and Garden 2.30pm Nonna's Kitchen & Games 	10 10.30am Montessori Activities and Bus Trip  2.30pm Art Therapy 	11 10.00am-11.30am Montessori Activities 2.30pm Exercise Class 	12 AM Free Time 2.30pm Knoodle & Balloon Games 	13 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Red Dog' 
14 10.00am-11.30am Montessori Activities & Garden 2.30pm Scarf Dancing 	15 Unley Library AM 10.00am-11.30am Montessori Activities 2.30pm Bingo 	16 10.00am-11.30am Montessori Activities and Garden 2.30pm Nonna's Kitchen & Games 	17 10.30am Montessori Activities and Bus Trip  2.30pm Canvas Art 	18 10.00am-11.30am Montessori Activities 2.30pm Exercise Class 	19 AM Free Time 2.30pm Bean Bag Games 	20 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Castaway' 
21 10.00am-11.30am Montessori Activities & Garden 2.30pm Clay Modelling 	22 10.00am-11.30am Montessori Activities 2.30pm Bingo 	23 Teamific Wheel of Fortune  2.30pm Church Service	24 10.30am Montessori Activities and Bus Trip  2.30pm Art Therapy 	25 10.00am-11.30am Montessori Activities 2.30pm Exercise Class 	26 AM Free Time 2.30pm Bean Bag Games 	27 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Strickly Ballroom' 
28 10.00am-11.30am Montessori Activities & Garden 2.30pm Art and Craft 						Resident's Birthday celebration and meeting are to be advised



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

