

St Louis Nursing Home Social Program January 2019



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 PUBLIC HOLIDAY Happy Hour NEW YEARS DAY 2.30pm Word Games on the whiteboard	2  10.30am Forget me not Bus Trip 2.00pm Cards	3 10.00am Music and Games in the Link 2.30pm Memory Test	4  11.00am Exercise 2.00pm Happy Hour	5 AM Susanna 2.30pm Board Games	6 11.00 Songs of Praise 2.30pm Movie in the East Lounge
7  11.00am Exercise 2.30pm Unstructured activities	8  AM Hairdresser by appointment 2.00pm Reading Group with Diane 	9  10.30am Morning Tea Bus Trip 2.00pm Cooking Banana & Choc chip muffins	10  11.00am Bus Trip 2.30pm Foam Paint	11  11.00am Exercise 2.30pm Jigsaw Puzzles	12 AM Ying 2.30pm Colouring In	13 11.00 Songs of Praise 2.30pm Movie in the East Lounge
14  11.00am Exercise 2.30pm Unstructured activities	15  AM Hairdresser by appointment 2.00pm Reading Group with Diane 	16  10.30am Forget me not Bus Trip 2.00pm Popstick Boxes	17  11.00am Bus Trip 2.30pm Marbled artwork	18  11.00am Exercise 2.00pm TBA	19 AM Susanna 2.30pm Pay it forward BINGO	20 11.00 Songs of Praise 2.30pm Movie in the East Lounge
21  11.00am Exercise 2.30pm Unstructured activities	22  AM Hairdresser by appointment 2.00pm Reading Group with Diane 	23  10.30am Morning Tea Bus Trip 2.30pm Church Service	24  11.00am Lunch Bus Trip 2.30pm Art Therapy with Alan	25  11.00am Exercise Staff dress up 'Australia Theme' 2.30pm - Jane McAskill Concert	26 Australia Day  AM Ying 2.30pm - Australian Trivia & Quiz	27 11.00 Songs of Praise 2.30pm Movie in the East Lounge
28 PUBLIC HOLIDAY - AUSTRALIA DAY 11.00am Exercise 2.30pm Unstructured activities	29  AM Hairdresser by appointment 2.00pm Reading Group with Diane 	30 10.30am Forget me not Bus Trip 2.00pm Indoor Games	31  11.00am Lunch Bus Trip 2.30pm Resident's Birthday party 			