

St Louis Nursing Home Social Program January 2022

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31					1 NEW YEAR'S DAY AM Free Time 2.30pm Happy Hour & Games	2 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Mowgli'
3 NEW YEAR'S DAY PUBLIC HOLIDAY 10.00am-11.30am Montessori Activities & Garden 2.30pm Board Games	4 10.00am-11.30am Montessori Activities 2.30pm Bingo	5 10.00am-11.30am Montessori Activities and Garden 2.30pm Art and Craft	6 10.30am Montessori Activities and Bus Trip 2.30pm Lindi Jane Snappy Productions	7 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	8 AM Free Time 2.30pm Bean Bag Games	9 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Enola Holmes'
10 10.00am-11.30am Montessori Activities & Garden 2.30pm Scarf Dancing	11 Unley Library AM 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	12 10.00am-11.30am Montessori Activities and Garden 2.30pm Skittles	13 10.30am Bus Trip 2.30pm Art Therapy	14 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	15 AM Free Time 2.30pm Parachute and Ball Games	16 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'You've Got Mail'
17 10.00am-11.30am Montessori Activities & Garden 2.30pm Art and Craft	18 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	19 Teamific Virtual Quiz 2.30pm Resident's Meeting	20 10.30am Bus Trip 2.30pm Canvas Art	21 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	22 AM Free Time 2.30pm Board Games	23 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Love Hard'
24 10.00am-11.30am Montessori Activities & Garden 2.30pm Line Dancing	25 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	26 PUBLIC HOLIDAY Australia Day 2.30pm Church Service	27 10.30am Bus Trip 2.30pm Art Therapy	28 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	29 AM Free Time 2.30pm Knoodle and Balloon Games	30 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Cast Away'



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

