

St Louis Nursing Home Social Program January 2023

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 10.00am-11.30am Montessori Activities & Garden 2.30pm Seated Line Dancing	31 10.00am-11.30am Montessori Activities 2.30pm Bingo 					1 NEW YEAR'S DAY  AM ABC TV Songs of Praise 2.30pm Netflix Movie 'The Holiday' 
2 NEW YEAR'S DAY PUBLIC HOLIDAY 10.00am-11.30am Montessori Activities & Garden 2.30pm Canvas Painting 	3 10.00am-11.30am Montessori Activities 2.30pm Bingo 	4  10.00am-11.30am Montessori & Garden Teamific Quiz 2.30pm Fun with Food and Games 	5  10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench 	6  10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class 	7 AM Free Time 2.30pm Card Games 	8 AM ABC TV Songs of Praise  2.30pm Movie - 'The Elephant Whisperers'
9  10.00am-11.30am Montessori Activities & Garden 2.30pm Firework Paintings 	10  AM Unley Library 10.00am-11.30am Montessori Activities 2.30pm Bingo 	11  10.00am-11.30am Montessori & Garden Wheel of Fortune 2.30pm Nonna's Kitchen and Games 	12  10.30am Montessori and Bus Trip 2.30pm Dice Games 	13  10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class 	14 AM Free Time 2.30pm White Board Games 	15 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'Phar Lap' 
16  10.00am-11.30am Montessori Activities & Garden 2.30pm Art and Craft 	17 10.00am-11.30am Montessori Activities 2.30pm Bingo 	18  10.00am-11.30am Montessori & Garden 2.30pm Resident's Meeting 	19  10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench 	20  10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class 	21 AM Free Time 2.30pm Ball Games 	22 AM ABC TV Songs of Praise 2.30pm Netflix Movie 'The Dish' 
23  10.00am-11.30am Montessori & Garden Italian Day 2.30pm Arm Chair Travel Italy& Quiz 	24 10.00am-11.30am Montessori Activities 2.30pm Bingo 	25  10.00am-11.30am Montessori & Garden 2.30pm Church Service	26 PUBLIC HOLIDAY 10.00am-11.30am Montessori Activities Australia Day 	27  10.00am-11.30am Montessori Activities and Garden 2.30pm Harpist Performance 	28 AM Free Time 2.30pm Role Play 	29 AM ABC TV Songs of Praise 2.30pm Movie - 'The Pursuit of Happiness' 



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

