

St Louis Nursing Home Social Program January 2024

This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 New Year's Day 10.00am-11.30am Montessori & Garden	2 10.00am-11.30am Montessori Activities 2.30pm Bingo	3 10.00am-11.30am Montessori & Garden Beautician 2.30pm Nonna's Kitchen	4 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench	5 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	6 AM Free Time 2.30pm Board Games	7 AM ABC TV Songs of Praise 2.30pm Movie 'Herbie'
8 10.00am-11.30am Montessori & Garden Hairdresser 2.30pm Musician Bob Concert	9 10.00am-11.30am Montessori Activities 2.30pm Bingo	10 10.00am-11.30am Teamific Quiz 2.30pm Fun with Food Games with Grant	11 10.30am Montessori Activities and Bus Trip 2.30pm Art & Craft	12 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	13 AM Free Time 2.30pm Outside Ball Gmes	14 AM ABC TV Songs of Praise 2.30pm Movie 'Maestro'
15 10.00am-11.30am Montessori & Garden Hairdresser 2.30pm Australian Chair Yoga	16 10.00am-11.30am Montessori Activities 2.30pm Bingo	17 10.00am-11.30am Teamific Wheel of Fortune Beautician 2.30pm Fun with Food	18 10.30am Montessori Activities and Bus Trip 2.30pm Exercise Class	19 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	20 AM Free Time 2.30pm Bingo	21 AM ABC TV Songs of Praise 2.30pm Movie 'Nyad'
22 10.00am-11.30am Montessori & Garden Hairdresser 2.30pm Resident's Meeting	23 AM Unley Library 10.00am-11.30am Montessori Activities 2.30pm Bingo	24 10.00am-11.30am Montessori & Garden 2.30pm Church Service	25 10.30am Montessori Activities and Bus Trip 2.30pm Exercise Class	26 PUBLIC HOLIDAY Australia Day 10.00am-11.30am Montessori & Garden 2.30pm Exercise Class	27 AM Free Time 2.30pm Clay Sculptures	28 AM ABC TV Songs of Praise 2.30pm Movie '6 Below'
29 10.00am-11.30am Montessori & Garden Hairdresser 2.30pm Canvas Painting	30 10.00am-11.30am Montessori Activities 2.30pm Bingo	31 10.00am-11.30am Montessori & Garden Beautician 2.30pm Nonna's Kitchen & Games				



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

