St Louis Nursing Home Social Program July 2019

This program is flexible and may change. Outings may be cancelled due to inclement weather.



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|---|--|--|--|--|
| 1 INTERNATIONAL JOKE DAY 9.30am - 10.30am 10.30am -11.30am Exercise 2.15pm Tongue Twisters & jokes | Hairdresser by appointment 2.15pm Balloon Volleyball | 3 10.30am Forget me not Scenic Tour 2.00pm Cooking Chocolate Cake | 11.00am Lunch Bus Trip 2.30pm Art - Canvas painting | 5 SHOWDOWN DAY 10.30am Exercise 2.30pm Footy Games | AM ABC TV 2.30pm Showdown: Crows v Power OR Cooking Chocolate Crackles for Sunday | 7 WORLD CHOCOLATE DAY 11.00 Songs of Praise 2.30pm Chocolate Day Quiz & Crackles for Afternoon Tea |
| 9.30am - 10.30am 10.30am -11.30am Exercise 2.15pm Indigenous Dot painting | Hairdresser by appointment 2.15pm I Love Lucy - TV Shows | 9.30am Morning Melodies Bus Trip 2.00pm Sing-along | 11 11.00am Lunch Bus Trip 2.30pm Art Therapy | 12 10.30am Exercise 2.30pm Happy Hour & Board Games | AM ABC TV 2.30pm Bingo | 14 11.00 Songs of Praise 2.30pm Barry Hall DVD |
| 9.30am - 10.30am 10.30am -11.30am Exercise 2.15pm Dough Modelling | 16 Hairdresser by appointment 2.15pm Whiteboard Word Games | 17 10.30am Forget me not Scenic Tour 2.00pm Blngo | 18 11.00am Lunch Bus Trip 2.30pm Sweetbeat & Harmony | 19 10.30am Exercise 2.30pm Happy Hour & Quoits | 20 AM ABC TV 2.30pm Pay it forward Bingo | 21 11.00 Songs of Praise 2.30pm Virtual Travel - The Americas |
| 9.30am - 10.30am 10.30am -11.30am Exercise 2.15pm Pictionary | Hairdresser by appointment 2.15pm Sensory Balloons | 9.30am Morning Melodies Bus Trip 2.30pm Church Service | 25 11.00am Lunch Bus Trip 2.30pm Art Therapy | 26 10.30am Exercise 2.30pm Resident's Meeting | AM ABC TV 2.30pm Bingo | 28 11.00 Songs of Praise 2.30pm Resident's choice of movie |
| 9.30am - 10.30am 10.30am -11.30am Exercise 2.15pm Magazine Treasure Hunt | Hairdresser by appointment 3.00pm Resident's Birthday Party | 31 NATIONAL TREE DAY 10.30am Forget me not Scenic Tour 2.00pm Tree Quiz/word games | | | | |