

St Louis Nursing Home Social Program July 2020

This program is flexible and may change. Outings may be cancelled due to inclement weather.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 10.00am  Montessori Activities 2.00pm Church Service and Sing-along	2 AM Hairdresser by appointment  10.00am Montessori Activities 2.00pm Art Therapy with Alan	3 10.00am  Montessori Activities 11.00am Exercise Class 2.00pm Virtual Travel	4 AM Relaxation 2.30pm Walking Tour of London	5 AM ABC TV Songs of Praise 2.30pm Documentary
6 10.00am  Montessori Activities 2.00pm Arts and Crafts	7 10.00am  Montessori Activities 11.00am Exercise Class 2.00pm White Board Games	8 AM Beauty Therapy  10.00am Montessori Activities 2.00pm Church Service and Sing-along	9 AM Hairdresser by appointment  10.00am Montessori Activities 2.00pm Jokes & Tongue Twisters	10 10.00am  Montessori Activities 11.00am Exercise Class 2.00pm Happy Hour	11 AM Relaxation 2.30pm Dice Games	12 AM ABC TV Songs of Praise 2.30pm Bingo
13 10.00am  Montessori Activities 2.00pm Arts and Crafts	14 10.00am  Montessori Activities 11.00am Exercise Class 2.00pm White Board Games	15 10.00am  Montessori Activities 2.00pm Church Service and Sing-along	16 AM Hairdresser by appointment  10.00am Montessori Activities 2.00pm Art Therapy with Alan	17 10.00am  Montessori Activities 11.00am Exercise Class 2.00pm Reminiscence	18 AM Relaxation 2.30pm Music Afternoon	19 AM ABC TV Songs of Praise 2.30pm Card Games
20 10.00am  Montessori Activities 2.00pm Arts and Crafts	21 10.00am  Montessori Activities 11.00am Exercise Class 2.00pm White Board Games	22 AM Beauty Therapy  10.00am Montessori Activities 2.00pm Church Service and Sing-along	23 AM Hairdresser by appointment  10.00am Montessori Activities 2.00pm Cooking	24 10.00am  Montessori Activities 11.00am Exercise Class 2.00pm Puzzles	25 AM Relaxation 2.30pm Bowls & Balloon Games	26 AM ABC TV Songs of Praise 2.30pm Bingo
27 10.00am  Montessori Activities 2.00pm Arts and Crafts	28 10.00am  Montessori Activities 11.00am Exercise Class 2.00pm Resident's Meeting	29 10.00am  Montessori Activities 2.00pm Church Service and Sing-along	30 AM Hairdresser by appointment  10.00am Montessori Activities 2.00pm Art Therapy with Alan	31 10.00am  Activities 11.00am Exercise Class 2.00pm Resident's Birthday Party 		