St Louis Nursing Home Social Program July 2022

This program is flexible and may change. Outings may be cancelled due to inclement weather.

St Louis Aged Care

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	**2** AM Free Time 2.30pm Art & Craft	**3** AM ABC TV Songs of Praise 2.30pm Movie – 'Stand by Me'
4 10.00am-11.30am Montessori Activities and Garden 2.30pm **Ball and Balloon Games**	**5** AM Unley Library 2.30pm Bingo	**6** 10.00am-11.30am Montessori Activities and Garden 2.30pm Resident's Meeting	**7** 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench	**8** 10.00am-11.30am Montessori Activities and Gardens 2.30pm Exercise Class	**9** AM Free Time 2.30pm Card Games	**10** AM ABC TV Songs of Praise 2.30pm Movie – 'The Lost Daughter'
11 10.00am-11.30am Montessori Activities and Exercise 2.30pm Spray Paint Art	**12** 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	**13** Teamific Virtual Quiz 2.30pm **Fun with Food & Games**	**14** 10.30am Montessori Activities and Bus Trip 2.30pm Art Therapy	**15** 10.00am-11.30am Montessori Activities and Gardens 2.30pm Exercise Class	**16** AM Free Time 2.30pm Indoor Bowling	**17** AM ABC TV Songs of Praise 2.30pm **Movie – 'Feel the Beat'**
18 10.00am-11.30am Montessori Activities and Garden 2.30pm Mosaic Bench	**19** 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	**20** Teamific Wheel of Fortune 2.30pm Nonna's Kitchen and Games	**21** 10.30am Montessori Activities and Bus Trip 2.30pm Craft	**22** 10.00am-11.30am Montessori Activities and Gardens 2.30pm Exercise Class	**23** AM Free Time 2.30pm Basketball	**24** AM ABC TV Songs of Praise 2.30pm Movie – 'Bran Nue Dae'
25 10.00am-11.30am Montessori Activities and Garden 2.30pm Wood Worx	**26** 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	**27** 10.00am-11.30am Montessori Activities and Garden 2.30pm Church Service	**28** 10.30am Montessori Activities and Bus Trip 2.30pm Art Therapy	**29** 10.00am-11.30am Montessori Activities and Gardens 2.30pm Exercise Class	**30** AM Free Time 2.30pm Rock Bugs	**31** AM ABC TV Songs of Praise 2.30pm Movie – 'A Champion Heart'

Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation