



**St Louis**  
Aged Care

## St Louis Newsletter

February/March 2021

### Nursing Home Social Program News

We have been keeping busy at the Nursing home with a variety of activities during the COVID restrictions. Residents enjoyed a week of Aussie themed activities leading up to Australia. Mitch from the Seacliff Surf Lifesaving Club came and talked to us about the lifesavers and their roles. The residents were very interested and had were many questions.!

Bustrips have continued with smaller number of people on the bus and scenic drives only. As of this week we will be able to get out of the bus and are we are going to head for the beach to have morning tea and check out the sculptures at Brighton beach. Our popular swimming program has also started up again now the pools have opened.

Recently I implemented "Calmology" after a presentation from its founder on a Diversional and Recreational Therapy zoom conference. It is an Aromatherapy program which has been clinically trialled and proven to help people with behaviours related to their Dementia. We have two residents using this and have seen significant improvements with both.

**Anne Wicks, Nursing Home Social Programs**



Our new garden area

### Hello all and welcome to 2021

Let us hope it is better than last year in all ways. Thankyou all so much for your support and words of encouragement when times got very rough last year. We always say St Louis is like a family and you are all very much part of that, so thank you again.

We did have some exciting moments last year with the most significant being the opening of the new wing. The lucky residents to move in there love it and are extremely settled and happy. They are currently engrossed in the series The Crown which they are watching together with a few other invited residents. It is a lovely quiet area for them to have these smaller group activities.

The garden area is also beautiful and offers a wonderful shady area to sit for a drink and a chat. Talk to the staff about going outside next time you visit. *(photo below)*

I must apologise for the wrong visiting time I put in the last email to you all. Visiting is 14:00 -16:30 Monday to Saturday. If you need to make other arrangements, please contact us to discuss this. We do not want to limit any visitors, but we do need to be mindful of the disruption to resident care if we do not have a staff member on the door to check you in when you arrive. We would appreciate your consideration of this when choosing to visit outside the visiting hours. As I see it, this will be ongoing for quite some time yet.

I would also like to remind you all that visits should be in the resident's rooms or outside. You are not permitted to roam about the home or to sit in communal areas.

You will also see changes we are making to the carpeted floor. Unfortunately, this carpet looks nice but is very impractical in this environment and has not met the challenges put to it. We would appreciate your feedback on this please.

On a finishing note, *Go the Power 2021 Premiers!*

**Sue Toner**



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### St Louis On Sea

St Louis on Sea is an exciting new venture for St Louis and provides an opportunity for those in Nursing Home care, receiving home care, or anyone just wanting to take the opportunity, to have a supported break. St Louis on Sea provides private short-term and day respite in the beautifully appointed 8 bedroom facility located on absolute beachfront at Victor Harbor.

Adopting the world-renowned Montessori approach, St Louis On Sea provides its residents with access to 24-hour personalised care while promoting independence and participation. St Louis provides a supportive, empowering and flexible environment for people requiring aged care, as well as people living with dementia or other health challenges.

### Nursing Home Call Bells and Waiting Times

**January 2021:** 7647 calls  
Average waiting time: 3 minutes

### Training

Staff continuing with **MedeHealth on-line training:**

#### November 2020

Basic Food Handling Safety, Fire Safety  
Emergency Response, Manual Handling

#### December 2020

Customer Service and Customer Service for  
Upset Families

#### January 2021

Understanding COVID 19 – Refresher course  
( for all staff and contractors)

All staff have also completed SA Dept of  
Health COVID 19 refresher training – in  
November and January.

Ken and Jane are undertaking in depth  
Infection Control Lead training to meet the  
requirements of the Commonwealth  
Department of Health for COVID 19.  
Once completed they will take a lead role in  
managing IPC in the Nursing Home.



*Residents enjoying lunch outside while flooring is being replaced in the dining rooms.*

### St Louis Nursing Home

21 Foster Street, Parkside SA 5063 (08) 8272 3344

### St Louis On Blyth - Retirement Units Parkside

34-36 Blyth Street, Parkside SA 5063 (08) 8272 3344

### St Louis On Sea

20 Esplanade, Victor Harbor SA 5211 (08) 8332 0950

[www.stlouisagedcare.com.au](http://www.stlouisagedcare.com.au)



Celebrating diversity

### AGED RIGHTS ADVOCACY SERVICE (Inc)

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### AGED CARE QUALITY AND SAFETY COMMISSION

1800 951 822 [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)

**Comments and complaints Feedback:** If you have any feedback positive or negative, please don't hesitate to let us know. St Louis Aged Care, 21 Foster Street, Parkside SA 5063. Thank you