

St Louis Nursing Home Social Program October 2020



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 10.00am Montessori Activities 2.00pm International Day of the Older Person	2 10.00am Montessori Activities 2.00pm Movement Group Walking	3 AM Relaxation 2.345pm Card Bingo	4 AM ABC TV Songs of Praise 2.45pm Sunday movies & popcorn
5 LABOUR DAY HOLIDAY 10.00am Montessori Activities 2.00pm Arts and Crafts	6 11.00am Exercise Class 2.00pm Virtual Concert	7 10.00am Montessori Activities 2.00pm Church Service or puzzles	8 10.00am BusTrip Scenic Drive 2.30pm Art Therapy	9 10.00am Montessori Activities 2.00pm Movement Group Walking	10 AM Relaxation 2.45pm Role Play	11 AM ABC TV Songs of Praise 2.45pm Happy Hour & Sing a long
12 10.00am Montessori Activities 2.00pm Arts and Crafts	13 11.00am Exercise Class 2.00pm Whiteboard Games	14 AM Beauty Therapy 10.00am Montessori Activities 2.00pm Church Service or word games	15 10.00am BusTrip Scenic Drive 2.00pm Nonna's Kitchen Cooking	16 10.00am Montessori Activities 2.00pm Movement Group Walking	17 AM Relaxation 2.45pm Bingo	18 AM ABC TV Songs of Praise 2.45pm Indoor Games
19 10.00am Montessori Activities 2.00pm Arts and Crafts	20 11.00am Exercise Class 2.00pm Jigsaw Puzzles	21 10.00am Montessori Activities 2.00pm Church Service or scrabble	22 10.00am BusTrip Scenic Drive 2.30pm Art Therapy	23 10.00am Montessori Activities 2.00pm Movement Group Walking	24 AM Relaxation 2.45pm Whiteboard Games	25 AM ABC TV Songs of Praise 2.45pm Nonna's Kitchen
26 10.00am Montessori Activities 2.00pm Arts and Crafts	27 11.00am Exercise Class 2.00pm Resident's Meeting	28 AM Beauty Therapy 10.00am Montessori Activities 2.00pm Church Service or Cards	29 10.00am BusTrip Scenic Drive 2.00pm Resident's Birthday Party	30 10.00am Montessori Activities 2.00pm Movement Group Walking	31 AM Relaxation 2.45pm Cards	