

# St Louis Nursing Home Social Program September 2020



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>1</b>  10.00am <b>Montessori Activities</b> 11.00am <b>Exercise Class</b> 2.00pm <b>White Board Games 'Father's Day'</b>	<b>2</b>  AM <b>Beauty Therapy</b> 10.00am <b>Montessori Activities</b> 2.00pm <b>Church Service</b>	<b>3</b> 10.00am <b>Montessori Activities</b> 2.00pm <b>Cooking</b>	<b>4</b>  10.00am <b>Montessori Activities</b> 2.00pm <b>Movement Group Walking</b>	<b>5</b> AM <b>Relaxation</b> 2.30pm <b>Pay it forward Bingo</b>	<b>6</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Father's Day Foxtel Sports</b>
<b>7</b>  10.00am <b>Montessori Activities</b> 2.00pm <b>Arts and Crafts</b>	<b>8</b>  10.00am <b>Montessori Activities</b> 11.00am <b>Exercise Class</b> 2.00pm <b>Making Show Bags</b>	<b>9</b> 10.00am <b>Montessori Activities</b> 2.00pm <b>Royal Show Day</b>	<b>10</b> 10.00am <b>Montessori Activities</b> 2.00pm <b>Art Therapy</b>	<b>11</b>  10.00am <b>Montessori Activities</b> 2.00pm <b>Movement Group Walking</b>	<b>12</b> AM <b>Relaxation</b> 2.30pm <b>Chocolate Milkshake Day</b>	<b>13</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Nona's Kitchen</b>
<b>14</b>  10.00am <b>Montessori Activities</b> 2.00pm <b>Arts and Crafts</b>	<b>15</b>  10.00am <b>Montessori Activities</b> 11.00am <b>Exercise Class</b> 2.00pm <b>Origami</b>	<b>16</b>  AM <b>Beauty Therapy</b> 10.00am <b>Montessori Activities</b> 2.00pm <b>Church Service</b>	<b>17</b> 10.00am <b>Montessori Activities</b> 2.00pm <b>Cards - Uno</b>	<b>18</b>  10.00am <b>Montessori Activities</b> 2.00pm <b>Movement Group Walking</b>	<b>19</b> AM <b>Relaxation</b> 2.30pm <b>Quoits and Bowls</b>	<b>20</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Bingo</b>
<b>21</b>  10.00am <b>Montessori Activities</b> 2.00pm <b>Arts and Crafts</b>	<b>22</b>  10.00am <b>Montessori Activities</b> 11.00am <b>Exercise Class</b> 2.00pm <b>Jigsaw Puzzles</b>	<b>23</b> 10.00am <b>Montessori Activities</b> 2.00pm <b>Church Service</b>	<b>24</b> 10.00am <b>Montessori Activities</b> 2.00pm <b>Art Therapy</b>	<b>25</b>  10.00am <b>Montessori Activities</b> 2.00pm <b>Movement Group Walking</b>	<b>26</b> AM <b>Relaxation</b> 2.30pm <b>Role Play</b>	<b>27</b> AM <b>ABC TV Songs of Praise</b> 2.30pm <b>Nona's Kitchen</b>
<b>28</b>  10.00am <b>Montessori Activities</b> 2.00pm <b>Arts and Crafts</b>	<b>29</b>  10.00am <b>Montessori Activities</b> 11.00am <b>Exercise Class</b> 2.00pm <b>Resident's Meeting &amp; Birthday Party</b>	<b>30</b>  AM <b>Beauty Therapy</b> 10.00am <b>Montessori Activities</b> 2.00pm <b>Church Service</b>				