

St Louis Nursing Home Social Program September 2022



This program is flexible and may change. Outings may be cancelled due to inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench	2 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	3 AM Free Time 2.30pm Balloon Volleyball	4 FATHER'S DAY AM ABC TV Songs of Praise 2.30pm Movie – 'Rescued by Ruby'
5 10.00am-11.30am Montessori Activities and Group Walks 2.30pm Canvas Art	6 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	7 Teamific Virtual Quiz 2.30pm Fun with Food & Games with Grant	8 10.30am Montessori Activities and Bus Trip 2.30pm Foil Art	9 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	10 AM Free Time 2.30pm Decoupage Craft	11 AM ABC TV Songs of Praise 2.30pm Movie – 'Wide Open Sky'
12 10.00am-11.30am Montessori Activities and Group Walks 2.30pm Card Games	13 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	14 Teamific Wheel of Fortune 2.30pm Nonna's Kitchen and Games with Grant	15 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench	16 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	17 AM Free Time 2.30pm Basketball	18 AM ABC TV Songs of Praise 2.30pm Movie – 'Man from Snowy River'
19 10.00am-11.30am Montessori Activities and Group Walks 2.30pm National Pirate Day Games	20 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	21 10.00am-11.30am Montessori Activities and Garden 2.30pm Resident's Meeting	22 10.30am Montessori Activities and Bus Trip 2.30pm Art Therapy	23 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class	24 AM Free Time 2.30pm Clay "Modelling 'Pots'"	25 AM ABC TV Songs of Praise 2.30pm Movie – 'Paper Planes'
26 10.00am-11.30am Montessori Activities and Group Walks 2.30pm Wood Worx	27 10.00am-11.30am Montessori Activities & Exercise 2.30pm Bingo	28 10.00am-11.30am Montessori Activities and Garden 2.30pm Church Service	29 10.30am Montessori Activities and Bus Trip 2.30pm Mosaic Bench	30 10.00am-11.30am Montessori Activities and Garden 2.30pm Exercise Class		



Montessori Activities include – Cognitive Skills • Life Skills • Movement • Sensory • Music • Art • Socialisation

